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ABSTRACT

A revision of the 1989 publication, this directory was compiled in order to help parents and professionals involved with Head Start home-based programming in meeting the needs of young children and families. The directory lists a broad range of guides and resources on topics related to Head Start home-based programs. Each listing provides the resource title, supplier or author, resource type, description, and appropriate audience or users. Resources include books, guides, films, and videos. The sections of the directory are: (1) Administration (including information on choosing, funding, and coordinating the home-based option; staff training needs, recruitment, and selection; and advocating for services and program planning and solving strategies); (2) Education (including resources related to language development, socialization, behavior management, child development, individualization, screening and assessment, multi-cultural and non-sexist literature, and transitioning children to elementary school); (3) Disabilities (including material on advocacy, support groups, legal rights and responsibilities, behavior problems, testing and evaluation, family adjustments, and sibling issues); (4) Health (including medical, dental, and mental health resources, as well as nutritional services, safety, and first-aid); (5) Parent Involvement (including information on gifted children, support groups, behavior management, and general parenting); and (6) Social Services (including information on identifying difficulties, preventing and remedying problems such as abuse and neglect, making referrals, alternative families, families in crisis, and conflict resolution and cultural differences). Appendices include listings of agencies and organizations, newsletters and journals, toll free numbers, and training and technical assistance resources. An index to Spanish-language materials and organizations is included. (BGC)

Head Start Home-Based Resource Directory

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PS 024213



DEPARTMENT OF HEALTH AND HUMAN SERVICES
Administration for Children and Families
Administration on Children, Youth and Families
Head Start Bureau

HEAD START HOME-BASED RESOURCE DIRECTORY



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Administration for Children and Families
Administration on Children, Youth and Families
Head Start Bureau

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INTRODUCTION

There is a richness and diversity in Head Start Home-Based programming that is unparalleled in other educational settings. It relies on the creative energy and enthusiasm of the home visitor, the advocacy and cooperation of family and community members, and the foresight and commitment of administrators, coordinators, and trainers. This team of parents and professionals is constantly being challenged to adapt, improve, and individualize services to meet the particular needs of young children and their families who receive home-based programming. No one person or organization can be expected to know of, or gather together, all of the information necessary to produce and maintain such excellence of service, unassisted.

The *Head Start Home-Based Resource Directory* was developed in 1989 as a partial response to this need. This revised version is a result of a nationwide update of the listings of exemplary books, curriculums, audiovisual materials, bibliographies, and other current resources that the home-based programs may find helpful. Inasmuch as Head Start regulations require that comprehensive child development services be provided in the Head Start home-based program option, this resource directory contains materials in the areas of Administration, Education, Disabilities, Health, Parent Involvement, and Social Services. In addition, appendices contain a section on agencies and organizations that may relate to home-based programming, plus newsletters and journals that will facilitate information exchange, a list of toll-free numbers for quick reference, and a listing of professionals, programs, and agencies that provide training and technical assistance to Head Start home-based grantees.

There are a couple of ways to access information from the directory. In each of the six topic sections, resources have been listed alphabetically by title. Information on where and how such a resource can be obtained is included. One index lists the resources alphabetically by title. Another index lists resources which are available in Spanish.

This directory is designed to provide a broad base of information on a variety of related topics concerning Head Start home-based programs. It may stimulate further investigation for specific materials or may inspire development of new materials or the adaptation of existing ones. We hope it will be seen and used for expanding, revising, and creating the best Head Start home-based programs possible.

Administration



The Administration section of this resource directory has a variety of materials that are useful to program planners, supervisors and administrators who are involved with home-based programming. It is a quick reference for those seeking information on choosing, funding, and coordinating the home-based option. Listings address staff training needs, recruitment, selection, evaluation; general information on advocating for services and program planning and solving strategies are included.

There are many resources that apply specifically to Head Start programs and will be most useful in that context. In addition, materials that focus on research, record keeping, job descriptions, Child Development Associate (CDA) credential requirements and program costs are also included. Effective administrative planning is a prerequisite to successful program implementation, and these entries help to provide resources that enhance and enrich home-based programming.

Title: **Building a Relationship With Mother and Child**

Supplier: High Scope Press
Department 10, 600 N. River Street
Ypsilanti MI 48198
(313) 485-6000

Resource Type: Film **Length (min):** 18 **Cost:** \$190.00 **Rent:** \$25.00

Description:

This film provides a good basic orientation to the home visitor and stresses the importance of building relationships within family structures. It encourages family involvement in planning and implementing programs within the home environment and supports the interactive relationship between parent, child, and home visitor.

Appropriate For: Administrators, Home Visitors, Coordinators

Title: **Building Families:
A Training Method for Home-Based Head Start**

Author: Spackman, M.E.

Supplier: Bear River Head Start
75 South 400 West
Logan UT 84321
(801) 753-0951

Published: 1985

Resource Type: Book **Length (pgs):** 80 **Cost:** \$5.50

Description:

This is a general guide for home visitors. It opens with a discussion of the philosophy of a good home-based program. The author offers information about all aspects of the home visit as well as information about topics such as lesson planning, component integration, group experiences, and supervision.

Appropriate For: Trainers, Administrators, Home Visitors, Coordinators

ADMINISTRATION

Title: Families and Early Childhood Programs

Author: Powell, D.R.

Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Published: 1989

Resource Type: Book **Length (pgs):** 141 **Cost:** \$6.00

Description:

This book reviews the literature on rationales for working with parents, relations between families and early childhood programs, and strategies for addressing home-school relations.

Appropriate For: Administrators, Coordinators, Trainers, Home Visitors

Title: First Sixty Months, The: A Handbook of Promising Prevention Programs for Children Zero to Five Years of Age

Author: National Governors' Association

Supplier: National Governors' Association
Hall of the States, 444 North Capitol Street, Suite 267
Washington DC 20001
(202) 624-5300

Published: 1987

Resource Type: Guide **Length (pgs):** 44 **Cost:** \$12.50

Description:

This guide describes nineteen diverse prevention programs that work with children and families. It may be helpful to other programs working with families, stressing the success of early intervention programs. The programs' keys to success include: coordination of services with multiple agencies, going into families' homes, and maximizing parent involvement.

Appropriate For: Administrators

Title: **Home Visiting - Procedures for Helping Families**

Author: Wasik, B.H., Bryant, D.M., and Lyons, C.M.

Supplier: Sage Publications
2111 West Hillcrest Drive
Newbury Park CA 91320
(805) 499-0721

Published: 1990

Resource Type: Book **Length (pgs.):** 304 **Cost:** \$19.95 paperback

Description:

This book provides home visitors with a broad orientation to their work, covering the history of home visiting, its philosophy, and current practices. Topics included in this comprehensive volume are hiring home visitors, training models, supervision, professional and ethical issues, clinical skills, documentation, and evaluation procedures.

Appropriate For: Home Visitors, Coordinators, Administrators, Trainers

Title: **Home Visitor Standards - CDA Competency**

Author: National CDA Credentialing Program

Supplier: Council for Early Childhood Professional Recognition
1341 G Street, NW, Suite 400
Washington DC 20005-3105
(800) 424-4310

Published: 1987

Resource Type: Guide **Length (pgs.):** 47 **Cost:** \$2.00

Description:

Guide provides an overview of the CDA National Credentialing Program and the Competency Standards and assessment system for home visitors. Lists eligibility requirements and information, collection responsibilities of the local team that conducts the evaluation of a candidate for the CDA credential. Contains the complete CDA *Competency Standards for Home Visitors*.

Appropriate For: Trainers, Administrators, Home Visitors, Coordinators

ADMINISTRATION

Title: Lay Home Visiting Programs:
Strengths, Tensions, and Challenges

Author: Larner, M. & Halpern, R.

Supplier: Zero To Three/National Center for Clinical Infant Programs
2000 14th Street, NW, Suite 380
Arlington VA 22201
(703) 528-4300

Published: 1987

Resource Type: Article from *Zero to Three*, Vol. VIII, No. 1

Description:

This article looks at the pros and cons, the strengths and weaknesses, and the challenges of providing home visitation programs to families. The authors warn against expecting home visitation to solve all of a family's obstacles. They state that "lay home visiting is an attractive element of a broader package of family support strategies we should all be promoting."

Appropriate For: Administrators

Title: Practical Tips for the First Time Supervisor

Author: Estes, M.L.

Supplier: Head Start Resource and Training Center
University Blvd. at Adelphi
College Park MD 20742
(800) 888-8682

Published: 1987

Resource Type: Book **Length (pgs):** 55 **Cost:** \$10.00

Description:

This manual is designed to provide supervisory development support for individuals entering a supervisory position for the first time. It draws from a variety of periodicals. The information can also serve as a refresher for experienced staff. Included are specific principles, dos and don'ts, and problem solving techniques.

Appropriate For: Administrators, Coordinators

Title: Problems Encountered By The Home Visitor

Supplier: High Scope Press
Department 10, 600 River Street
Ypsilanti MI 48198
(313) 485-2000

Resource Type: Film **Length (min):** 15 **Cost:** \$160.00 **Rent:** \$25.00

Description:

This film is appropriate for initiating discussions during home visitor training. It illustrates typical problems such as being late for a visit and parents who do not keep appointments, and gives suggestions for dealing with these issues, as well as for difficult family situations that may occur.

Appropriate For: Trainers, Home Visitors, Coordinators

Title: Role of The Home Visitor, The

Author: High/Scope

Supplier: High/Scope Press
Department 10, 600 River Street
Ypsilanti MI 48198
(313) 485-2000

Resource Type: Film **Length (min):** 23 **Cost:** \$250.00 **Rent:** \$30.00

Description:

Key elements of a successful home visit program, with emphasis on the roles a successful home visitor must fulfill. This film is particularly useful in the early stages of screening and training potential home visitors.

Appropriate For: Trainers, Administrators, Home Visitors, Coordinators

Education



The Education resources listed in this section of the directory assist the home visitor in planning and implementing home visits. General information on language development, socialization, behavior management, child development, and individualization are found here. Resources that relate to screening and assessment, multi-cultural and non-sexist literature, as well as transitioning children to elementary school are also included.

There are many resources that provide extensive information on curriculum development and others that deal with learning activities, games, songs, and teaching materials that can be used during home visits. Additional listings are in the Parent Involvement and Health sections of the directory.

This is only a partial listing of the rich and varied resources available to enhance Head Start home-based educational programming. Many excellent materials have been developed for local or regional use. Listings in this directory are a point of departure, not all inclusive.

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Title: Ages and Stages

Author: Miller, K.

Supplier: Telshare Publishing Co.
24 Breakwater Drive
Chelsea MA 02150
(800) 343-9707

Published: 1985

Resource Type: Book **Cost:** \$12.95

Description:

A clear account of the stages of physical, emotional, and intellectual development for children from birth to eight years. A handy survival guide for both teachers and parents. Provides knowledge base to plan developmentally appropriate days. It focuses on crucial caregiver behaviors and presents sample homemade materials to foster the child's emerging skills.

Appropriate For: Trainers, Home Visitors, Parents

Title: Alike and Different: Exploring Our Humanity
With Young Children

Author: Neugbauer, B., Editor

Supplier: Exchange Press, Inc.
PO Box 2890
Redmond WA 98073
(206) 883-9394

Published: 1987

Resource Type: Book **Length (pgs):** 160 **Cost:** \$14.00

Description:

A series of articles by different authors concerning young children and humanity. Some of the chapters included are anti-bias curriculum, talking about differences children notice, nonsexist childrearing, recognizing giftedness in early childhood programs, criteria for selection of books and material, lists of multicultural, nonsexist books and a list of resources on diversity.

Appropriate For: Trainers, Home Visitors, Coordinators

EDUCATION

Title: Before the Basics: Creating Conversations With Young Children

Author: Bos, B.

Supplier: Gryphon House, Inc.
PO Box 275W, 3706 Otis Street
Mount Rainier MD 20712
(800) 638-0928

Published: 1986

Resource Type: Book **Length (pgs):** 156 **Cost:** \$12.50

Description:

A practical guide for using language and music to encourage creativity and self-esteem in young children. *It is a blockbuster in soft cover!* Even an experienced teacher reads this book with a thrust of wonder at the richness of the material presented and the genuine love and respect for children it exhibits.

Appropriate For: Home Visitors, Parents

Title: Beginner's Bibliography - 1991

Author: Greenberg, P.

Supplier: NAEYC
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Published: 1991

Resource Type: Pamphlet **Cost:** \$.50

Description:

Annotated list of the best resources about young children. This bibliography is designed to provide a wide variety of materials on topics of interest to parents of young children, including normal growth and development and special needs. Home visitors will find it a useful reference as will others new to this field.

Appropriate For: Administrators, Home Visitors, Coordinators

Title: **Calendar of Developmental Activities for Preschoolers**

Author: D'Audney, W.

Supplier: Meyer Children's Rehabilitation Institute
600 South 42nd Street
Omaha NE 68198-5450
(402) 559-7467

Published: 1983

Resource Type: Book **Length (pgs):** 88 **Cost:** \$7.00

Description:

An idea resource book. The activities are presented within a hierarchy of learning--more elementary activities are presented in the fall months and the more complex ones in the spring. Suggestions are given for modifying many of the activities to the child's level of development.

Appropriate For: Home Visitors, Parents

Title: **Children Around the World**

Author: Caballero, J. & Whordley, D.

Supplier: Humanities Limited
PO Box 7400
Atlanta GA 30357
(404) 874-2176

Published: 1991

Resource Type: Book **Length (pgs):** 172 **Cost:** \$16.95

Description:

Fun filled activity book used to introduce young children to cultures and people around the world. Well researched and supplemented with an abundance of representative photographs and illustrations. Contains descriptions, recipes, activities, and games from 35 countries.

Appropriate For: Trainers, Home Visitors, Parents

EDUCATION

Title: Crayons, Crafts and Concepts

Author: First Teacher

Supplier: First Teacher
Box 180
Wilmington NC 28402
(800) 334-9806

Published: 1985

Resource Type: Book **Length (pgs):** 106 **Cost:** \$10.95

Description:

This book is from First Teacher, and includes art projects that can teach basic concepts and be integrated into the home visit and group socialization activities. *Crayons, Crafts and Concepts* gives basic recipes for paints and doughs. Most of the fifty-plus projects are individualized and open-ended. Each project is presented in a one-page, easy-to-read format with illustrated directions.

Appropriate For: Home Visitors, Parents

Title: Culture and Children

Author: Texas Department of Human Services

Supplier: Distribution Coordinator Media Services
Division E205 Texas Department of Human Services
PO Box 149030
Austin TX 78714-9030
(512) 450-4251

Published: 1985

Resource Type: Book **Length (pgs):** 134 **Cost:** \$12.00

Description:

This practical hands-on guide is designed for enriching the cultural environment of children by developing multicultural materials. Background information is provided on various cultural groups, including Asian, Native American, Mexican American, Black American, European and Jewish. Multicultural resources are listed in the back of the book.

Appropriate For: Trainers, Home Visitors, Parents

Title: **Developmental Screening in Early Childhood: A Guide**

Author: Meisels, S.J.

Supplier: NAEYC
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Published: 1985

Resource Type: Guide **Length (pgs):** 55 **Cost:** \$4.50

Description:

This guide recommends ways to organize and conduct an exemplary early childhood screening program. It recognizes the importance of early identification of special needs and includes advice on selecting an appropriate screening instrument and sample forms.

Appropriate For: Administrators, Coordinators

Title: **Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth through Age 8 - Expanded Edition**

Author: Bredekamp, S., Editor

Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777; (800) 424-2460

Published: 1987

Resource Type: Guide **Length (pgs):** 61 **Cost:** \$5.00

Description:

The guidelines in this book will help teachers, parents, program administrators, policy makers, and others make informal decisions about the education of young children. Here is the scientific evidence to corroborate what good teachers and parents have always known--early childhood learning activities must be appropriate to the child's age and developmental stage to promote success.

Appropriate For: Administrators, Home Visitors, Parents, Coordinators

EDUCATION

Title: **Get a Jump on Kindergarten**

Author: Frohman, S. & Wollenburg, K.

Supplier: Portage Project, CESA 5
626 East Slifer Street
Portage WI 53901
(608) 742-8811

Published: 1983

Resource Type: Guide **Length (pgs):** 40 **Cost:** \$3.00

Description:

Valuable reading for all parents who are preparing their children for kindergarten. This guide makes the transition easier for children and parents. Delightfully illustrated by elementary students, this innovative approach presents practical suggestions for helping children become successful and independent in their kindergarten experience.

Appropriate For: Home Visitors, Parents

Title: **Home Start Curriculum Guide**

Author: Roggman, L., Debolt, C., Davis, J., Wagner, J., Glance, P., & Stokes, J.

Supplier: Bear River Head Start
75 South 400 West
Logan UT 84321
(801) 753-0951

Published: 1976

Resource Type: Curriculum Guide **Length (pgs):** 193 **Cost:** \$8.50

Description:

This guide contains goals, objectives and activities for home visitors and parents to incorporate into home visits and/or group socialization activities. The activities include the areas of large and small motor development, concept development (shape, color, size, numbers), language development, self concept, and health and nutrition concepts. It contains parents' guides as well as follow-up activities for positive reinforcement.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Home Visit, The: A Preschool Educational Experience

Supplier: The Preschooler
Box 24464
Johnson City TN 37614
(615) 929-4415

Published: 1983

Resource Type: Videotape **Length (min):** 35 **Cost:** \$85.00

Description:

This video shows a home visitor making an actual home visit with a parent and her preschool child. It demonstrates how to develop the necessary relationships with parents in order to have successful home visits. The video also shows how a home visitor should share child development information with the parent during her home visit.

Appropriate For: Trainers, Home Visitors, Coordinators

Title: Homestretch, The

Author: Cansler, D. & Rusciano, S.

Supplier: Kaplan Press
PO Box 609
Lewisville NC 27023
(800) 334-2014

Published: 1982

Resource Type: Book **Length (pgs):** 60 **Cost:** \$7.95

Description:

Provides an excellent variety of home learning activities for young children. Coordinates with the 44 units of *A Planning Guide to the Preschool Curriculum*. The two-page units are designed for parent distribution to enhance their involvement in young children's learning.

Appropriate For: Home Visitors, Parents

EDUCATION

Title: **Invitation to Play, An**

Author: Lange, J. & Zicher, C.

Supplier: Wisconsin Department of Public Instruction
125 South Webster Street, PO Box 7841
Madison WI 53707
(800) 243-8782

Published: 1986

Resource Type: Guide **Length (pgs):** 86 **Cost:** \$10.00 prepaid

Description:

Designed to help parents of preschool handicapped children to build positive parent-child interaction through play, this guide contains directions for many play activities--painting, kitchen play, paper capers, water play, exploring the outdoors, and make-believe play with boxes. Although designed for handicapped preschoolers, ideas can be used with all preschoolers.

Appropriate For: Home Visitors, Parents

Title: **Invitation to Play, An: A Teacher's Guide**

Supplier: Publication Sales
Wisconsin Department of Public Instruction
125 South Webster Street, PO Box 7841
Madison WI 53707
(800) 243-8782

Published: 1986

Resource Type: Guide **Length (pgs):** 86 **Cost:** \$10.00 prepaid

Description:

This guide provides teachers with a background on play and its importance in a young child's development. Sections include information on stages and levels of play, criteria for choosing an activity, enhancing play for handicapped children, observing children at play, and the importance of adult involvement in play. Supplements *An Invitation to Play*.

Appropriate For: Trainers, Home Visitors, Coordinators

Title: **It Takes All Parts: An Activity Book to Develop Self-Concept in Young Children**

Author: The Capper Early Education Team

Supplier: The Capper Foundation
3500 West Tenth Street
Topeka KS 66604
(913) 272-4060

Resource Type: Curriculum **Length (pgs):** 149 **Cost:** \$3.95 + \$3.00 shipping

Description:

This book provides activities designed to stimulate and improve motor, cognitive, social, and language behavior. Specifically intended for severely disabled and sensory impaired children. Can also be used with other children with some adaptation. Includes snack ideas, songs and art activities, as well as self-concept activities.

Appropriate For: Home Visitors, Parents

Title: **Language Games To Play With Your Child**

Author: McCabe, A., Ph.D.

Supplier: Ballantine Books
201 East 50th Street
New York NY 10022
(212) 751-2600

Published: 1987

Resource Type: Book **Length (pgs):** 264 **Cost:** \$6.95

Description:

A collection of 103 games that provide a clear, accessible framework for monitoring child development. These games are geared for children of all ages. Each game is simple and creative, each one is explained step-by-step with a statement of purpose, brief instructions, and variations parents might like to try. All activities can be easily integrated into daily routines.

Appropriate For: Home Visitors, Parents

EDUCATION

Title: Learning in Pairs: A Parent-Teacher Instructor's Guide for Children 2-6 Years Old

Author: Granovetter, R.F. & Shaw, E.F.

Supplier: Kaplan School Supply Corporation
PO Box 609
Lewisville NC 27023
(800) 334-2014

Published: 1987

Resource Type: Book **Length (pgs):** 60 **Cost:** \$12.95

Description:

Learning in Pairs offers fun educational activities for parents, teachers and children. While children are enjoying these activities, they are learning and practicing new skills. The authors selected socks as the main material used in each activity because socks are a common household item and make excellent teaching tools.

Appropriate For: Home Visitors, Parents

Title: Little Beginnings: The First Five Years

Supplier: World Book Educational Products
Station 9/LB
101 Northwest Point Boulevard
Elk Grove Village IL 60007
(800) 848-8170

Published: 1992.

Resource Type: Book **Cost:** Single copy - Free
Pkg of 25 - \$17.25

Description:

This book is a guide for parents to help their children move from home to school. It contains "how to" advice for parents with activities for a child's first six months and every developmental period thereafter. The book focuses on how parents can encourage their child's social, intellectual and emotional development.

Appropriate for: Parents, Home Visitors

Title: More Than The ABC's:
The Early Stages of Reading and Writing

Author: Schickedanz, J.A.

Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777; (800) 424-2460

Published: 1986

Resource Type: Book **Length (pgs):** 147 **Cost:** \$6.00

Description:

This book is intended to help parents and teachers give literacy learning "a playful, interesting, useful, and joyous place in all children's lives." Deals with children learning about written language because it is part of their lives, rather than formal lessons. Lists of books suitable for different ages printed in various areas in the book.

Appropriate For: Home Visitors, Parents

Title: 1-2-3 Art

Author: Warren, J.

Supplier: Totline Press
Warren Publishing House, Inc.
PO Box 2255
Everett WA 98203
(206) 485-3335

Published: 1985

Resource Type: Book **Length (pgs):** 160 **Cost:** \$14.00

Description:

This book provides parents and home visitors with an abundance of open-ended art activities for working with the young child. Emphasis is on the process rather than the product. All activities are appropriate for any time of year with a seasonal index at the end of the book to aid in locating activities that are especially adaptable for certain seasons or holidays.

Appropriate For: Home Visitors, Parents

EDUCATION

Title: 1-2-3 Games: No-Lose Group Games for Young Children

Author: Warren, J.

Supplier: Totline Press
Warren Publishing House, Inc.
PO Box 2255
Everett WA 98203
(206) 485-3335

Published: 1986

Resource Type: Book **Length (pgs):** 79 **Cost:** \$7.95

Description:

Book provides parents and home visitors with no-lose game suggestions that allow children to experience success by playing together in a spirit of cooperation rather than of competition. The games are designed to be played by two or more children, either of the same age or of varying ages. Children can enjoy these games at their own developmental levels, thus gaining confidence and self-esteem.

Appropriate For: Home Visitors, Parents

Title: Open the Door, Let's Explore

Author: Redleaf, R.

Supplier: Gryphon House, Inc.
PO Box 275
Mount Rainier MD 20712
(800) 638-0928

Published: 1983

Resource Type: Book **Length (pgs):** 200 **Cost:** \$13.95

Description:

Unique and comprehensive guide is brimful of fun and inexpensive activities designed to help young children (2-8 years) learn from neighborhood walks and trips to a variety of places in the community. Includes introductory and follow-up activities for each walk/trip. Contains a list of books appropriate for children after each section.

Appropriate For: Home Visitors, Parents

Title: Piggyback Songs
Author: Warren, J.
Supplier: Totline Press
PO Box 2255
Everett WA 98203
(206) 353-5203
Published: 1983
Resource Type: Book **Length (pgs):** 64 **Cost:** \$7.95

Description:
Contains 110 new songs sung to the tune of old favorites. Children, teachers, and parents will find them easy to learn and to remember. An excellent resource for family and school sing-a-longs. Guitar and autoharp chords are provided.

Appropriate For: Home Visitors, Parents

Title: Play Power: Skill Building for Young Children
Author: Educational Productions
Supplier: Educational Productions
7412 SW Beaverton Hillsdale Hwy., Suite 210
Portland OR 97225
(800) 950-4949
Published: 1989
Resource Type: Videotapes Length: 30 min. ca. **Cost:** Purchase: \$295.00 ca.
Rent: \$60.00 ca.

Description: Two award-winning programs for any adult working with young children, each includes a video and 24-page facilitator's guide. Titles are: "*Child's Play: The World of Learning*" and "*Time Together: Learning to Play with Young Children*."

Appropriate For: Home Visitors, Parents, Trainers, Coordinators

EDUCATION

Title: Practical Guide to Solving Preschool Behavior Problems, A

Author: Essa, E.

Supplier: Delmar Publishers, Inc.
3 Columbia Circle Drive
Albany NY 12203-5015
(518) 464-3500

Published: 1990

Resource Type: Book **Length (pgs):** 434 **Cost:** \$19.95

Description: This book is carefully designed to help the reader develop guidance techniques. The text presents a workable method, developed through extensive research, for dealing effectively with children's behavior. Describes how to apply behavior modification techniques and explains the appropriate situations in which to use them.

Appropriate For: Home Visitors, Parents

Title: Read To Me! Sharing Books with Young Children

Author: Educational Productions

Supplier: Educational Productions
7412 SW Beaverton Hill
Portland OR
(800) 950-4949

Published: 1991

Resource Type: Videotape Length (min): 25 Cost: Purchase: \$295.00
Rent: \$60.00

Description:

National award-winning video encourages parents to read aloud to young children. This video training program offers guidelines for making reading aloud stimulating and fun. Accompanied by a 28-page facilitator's guide and reproducible viewer's guide, *Read to Me!* is the base for multiple activities.

Appropriate For: Parents, Home Visitors, Trainers

Title: Ring a Ring O'Roses

Author: Flint Public Library

Supplier: Redleaf Press
450 N. Syndicate, #5
St. Paul MN 55104-4125
(800) 423-8309

Published: 1981

Resource Type: Book **Length (pgs):** 99 **Cost:** \$3.95

Description:

Stories, games and fingerplays for preschool children. Fingerplays/action rhymes have been divided into major subheadings such as animal kingdom, child from top to toe, circus and zoo, holiday, people we know, seasons, etc. Also has a list of stories to tell and play and favorite folk tales.

Appropriate For: Home Visitors, Parents

Title: Scribble Cookies and Other Independent Creative Art Experiences for Children

Author: Kohl, M.F.

Supplier: Gryphon House, Inc.
PO Box 275
Mount Rainier MD 20712
(800) 638-0928

Published: 1987

Resource Type: Book **Length (pgs):** 189 **Cost:** \$12.95

Description:

This is an excellent resource of over 100 art techniques, both familiar and unique. Emphasis is placed on the child's individual creativity--the process of self-expression and exploration--rather than the end product. It has offerings for various age groups and provides activities that are both challenging and fun.

Appropriate For: Home Visitors, Parents

EDUCATION

Title: Slow and Steady, Get Me Ready -- A Parent's Handbook

Author: Oberlander, J.R.

Supplier: Main Associates, Inc.
8111 Holly Lane, Suite 110
Clinton MD 20735
(800) 648-2289

Published: 1988

Resource Type: Handbook **Length (pgs):** 324 **Cost:** Handbook -\$19.95(plus
\$2.00 shpg & hndlgl)
Video Workshop-\$19.95
(+ \$2.00 shpg & hndlgl)

Description:

This handbook contains interesting, educational and fun preschool readiness activities. For newborns to 5 year olds, it recommends one activity for each week (each activity takes about 10 minutes)...five years of activities. These activities use primarily household items for materials. Each activity also includes a list of the skills it develops. A 30-minute video workshop is also available. This video shows a sampling of age-appropriate activities that are included in the handbook.

Appropriate For: Parents, Home Visitors, Trainers

Title: Steps To CDA for Home Visitors

Author: Maples, M.

Supplier: Mary Maples
138 Jamesville Road, #D-3
Syracuse NY 13210
(315) 478-5106

Published: 1985

Resource Type: Book **Length (pgs):** 80 **Cost:** \$9.00 (plus \$1.50 for mailing)

Description:

This is a self-taught training program for home visitors who are preparing for the CDA assessment. It contains learning activities, portfolio ideas, suggested slides, filmstrips, readings, and other resources for each CDA competency area. It is a companion book to *Skills for Preschool Teachers* by Janice Beaty.

Appropriate For: Trainers, Home Visitors, Coordinators

Description: Three award-winning video training programs for adults who work with groups of young children. Each includes a 24-page facilitator's guide and viewer's guide. Titles are *Come Join In: Guidelines for Successful Group Times*, *Give Yourself a Hand: Guidance Techniques for Group Times*, and *Once Upon a Time: Skills for Reading Aloud at Group Time*.

Appropriate For: Trainers, Home Visitors

Title: Teachables II: Homemade Toys that Teach

Author: Redleaf, R.

Supplier: Redleaf Press
450 N. Syndicate, #5
St. Paul MN 55104-4125
(800) 423-8309

Resource Type: Book Length (pgs): 224 Cost: \$14.95

Description:

This is an activity focused resource for use with young children and has 75 new toys to make from readily available *junk* materials. Each toy has simple instructions and clear illustrations. The resource includes a section on toy safety and materials selection. Recommended for home or classroom.

Appropriate For: Home Visitors, Parents

EDUCATION

Title: Your Baby and Child: Birth to 5

Author: Leach, P.

Supplier: Alfred Knopf, Inc.
Random House
201 East 50th Street
New York NY 10022
(800) 638-6460
(212) 751-2600

Published: 1989

Resource Type: Book **Length (pgs):** 512 **Cost:** \$19.95

Description:

Definitive book on development of the young child from birth to age 5. Filled with practical information on both the *basics* (feeding, sleeping, etc.) and on specific problems (temper tantrums, fears, etc.). An excellent resource for everyone concerned with children.

Appropriate For: Trainers, Home Visitors, Parents, Coordinator

Title: Your Four-Year Old: Wild and Wonderful

Author: Ames, L. & Ilg, F.L.

Supplier: Dell Publishing Co., Inc.
666 Fifth Avenue
New York NY 10103
(212) 765-6500

Published: 1980

Resource Type: Book **Length (pgs):** 152 **Cost:** \$8.95

Description:

The authors describe characteristics, accomplishments, and abilities of a typical four-year-old child. They discuss many questions posed by parents that are unique to four-year-old girls and boys, and they offer parents practical advice and enlightening psychological insights. Appendices list good toys and books for four-year-olds and also books for parents of four-year-olds.

Appropriate For: Trainers, Home Visitors, Parents

Disabilities



This section of the directory includes resources that will assist home visitors working with families that have children with disabilities. It includes material on advocacy, support groups, legal rights and responsibilities as well as the more immediate issues dealing with behavior problems, testing and evaluation, family adjustments, and sibling issues. Many additional resources that relate to family dynamics and parent education programs are located in the section on Parent Involvement.

The home-based program option provides an excellent opportunity for agencies to provide cooperative and coordinated services to families who have a child with a disability. Resources related to collaborative agreements, working with other agencies, writing individualized plans, and transitioning are also provided here to assist agencies and home visitors in these areas.

Title: Acceptance is Only the First Battle

Author: Duffy, S., McGlynn, K., Mariska, J. & Murphy, J.

Supplier: Montana University
Affiliated Program, University of Montana
Missoula MT 59812
(406) 243-5467

Published: 1985

Resource Type: Book **Length (pgs):** 43 **Cost:** \$4.45

Description:

The subtitle of this book is: *How Some Parents of Young Handicapped Children Have Coped with Common Problems*. The authors, all mothers of young disabled children, share the parent's viewpoint of problems they have experienced. Some chapter titles include: *Becoming a Detective in the Medical Community* and *What to Do About Conflicting Professional Advice*.

Appropriate For: Home Visitors, Parents

Title: Brothers and Sisters: A Special Part of Exceptional Families, Second Edition

Author: Powell, T.H. & Ahrenhold Ogle, P.

Supplier: Paul H. Brookes Publishing Co.
PO Box 10624
Baltimore MD 21285-0624
(410) 337-4580

Published: 1992

Resource Type: Book **Length (pgs):** 320 **Cost:** \$23.00

Description:

This book discusses relationships between brothers and sisters in which one sibling has a disability. Section I, *Families and Siblings*, provides an overview of siblings in the family system and the special aspects of having a brother or sister who has a disability. Section II is *Strategies to Help Siblings*. Appendices include resources for professionals and parents that might be helpful in working with siblings.

Appropriate For: Home Visitors, Parents, Coordinators

DISABILITIES

Title: **Family Support In The Home
Home Visiting Programs and P.L. 99-457**

Author: Roberts, R., Ph.D., Ramsey, C., Ph.D., Casto, G., Ph.D.

Supplier: Association for the Care of Children's Health (ACCH)
7910 Woodmont Avenue, Suite 300
Bethesda MD 20814-3015
(301)654-6549

Published: 1988

Resource Type: Booklet **Length (pgs):** 35 **Cost:** \$2.95

Description:

This report discusses the ways family support/home visiting programs can contribute to stronger families. It describes home visiting/family support models of intervention that seem particularly suitable for helping families care for children with special needs. In addition, this report contains guidelines and recommendations with accompanying examples of how such programs can and are being developed to support families in their efforts to meet the educational, social, and health goals they have set for themselves and their children.

Appropriate For: Administrators, Coordinators, Home Visitors

Title: **Getting Through to Your Handicapped Child**

Author: Newson, E. & Hipgrave, T.

Supplier: Cambridge University Press
110 Midland Avenue
Port Chester NY 10573
(914) 937-9600 (800) 431-1580

Published: 1983

Resource Type: Book **Length (pgs):** 144 **Cost:** \$9.95

Description:

This book is intended for anyone who is having difficulty in "getting through" to children with disabilities, and would like to do better. It uses a behavioral approach which stresses the importance of communication and making our messages simple, direct and capable of being received.

Appropriate For: Trainers, Home Visitors, Parents

Title: Help When the Parent is Handicapped

Author: Parks, S.

Supplier: VORT Corporation
PO Box 60132
Palo Alto CA 94306
(415) 322-8282

Published: 1984

Resource Type: Book **Length (pgs):** 296 **Cost:** \$23.95 plus shipping & handling

Description:
This book is intended to help improve those parent training barriers resulting from the parent's disability or lack of knowledge and understanding. Alternative parent training activities are included for parents who are mentally retarded, deaf, blind, and physically disabled. Activities facilitate the development of children who are within the birth to thirty-six month age range.

Appropriate For: Home Visitors, Parents, Coordinators

Title: How to Get Services by Being Assertive

Author: Des Jardins, C.

Supplier: Family Resource Center on Disabilities
20 E. Jackson Blvd., Room 900
Chicago IL 60604
(312) 939-3513

Published: 1993

Resource Type: Guide **Length (pgs):** 208 **Cost:** \$10.00

Description:
This is a handbook written for parents to help them become advocates for services for their disabled child. The five parts of the handbook are entitled: 1) *Assertive vs. Non-Assertive - Which Are You?* 2) *Developing Your Positives - Eliminating Your Negatives*, 3) *Assertiveness at Special Education Meetings*, 4) *Assertiveness Exercises for Parents*, and 5) *Assertiveness with Bureaucrats and Public Officials*.

Appropriate For: Trainers, Parents

DISABILITIES

Title: No More Special Me

Author: The Kids on the Block

Supplier: The Kids on the Block Films
9385-C Gerwig Lane
Columbia MD 21046
(301) 290-9095

Published: 1983

Resource Type: Film **Length (min):** 50 **Rent:** \$25.00

Description:

The life-sized Kids on the Block puppets were created to help audiences understand disabilities. This film shows the puppet troupe answering questions from disabled and non-disabled children and demonstrating the friendships which grow from awareness and communication. A companion booklet suggests follow-up activities.

Appropriate For: Home Visitors, Parents

Title: Parent Helper: Handicapped Children Birth to Five

Author: Maryland State Department of Education

Supplier: Division of Special Education
200 West Baltimore Street
Baltimore MD 21201
(301) 333-2469

Published: 1982

Resource Type: Pamphlet **Length (pgs):** 16 **Cost:** Free

Description:

The Parent Helper, Handicapped Children from Birth to Five is a series of booklets designed for parents that covers the areas of communications, motor development, socialization, and cognition. The intent of the series is to provide general concepts of growth and development, to present information on how the child learns about himself/herself and others, and to suggest activities that can be used as opportunities for learning and practicing skills. This series is available in both Spanish and English.

Appropriate For: Parents, Home Visitors

Title: **Parent Resource Directory for Parents and Professionals
Caring for Children with Chronic Illness or Disabilities**

Author: Association for the Care of Children's Health

Supplier: Association for the Care of Children's Health
7910 Woodmont Avenue, #300
Bethesda MD 20814-3015
(301) 654-6549

Published: 1991

Resource Type: Guide Length (pgs): 171 Cost: \$7.00 + \$2.50 shipping

Description:

This directory is designed to facilitate networking and collaboration among those caring for, or providing support services to children with special health care needs. It is for parents looking for others who share their concerns and for professionals wishing to locate parents with skills and expertise that can be used to improve community support for families.

Appropriate For: Home Visitors, Parents, Coordinators

Title: **Parenting Preschoolers: Suggestions for Raising Young
Blind and Visually Impaired Children**

Author: Ferrell, K.A.

Supplier: American Foundation for the Blind, Inc.
15 West Sixteenth Street
New York NY 10011
(212) 620-2000; Fax (212) 620-2105

Published: 1984

Resource Type: Pamphlet Cost: \$39.50 - 25 copies

Description:

Includes questions commonly asked by parents who have a visually impaired child. Behavior patterns that might puzzle or embarrass parents such as their child's quietness or immobility are discussed and explained. Specific activities that parent and child can do together to help the child become more independent are included.

Appropriate For: Home Visitors, Parents

DISABILITIES

Title: Reach Out and Teach: Meeting the Training Needs of Parents of Visually and Multiply Handicapped Young Children--Reachbook and Parent Handbook

Author: Ferrell, K.A.

Supplier: American Foundation for the Blind
15 West 16th Street
New York NY 10011
(212) 620-2000; Fax (212) 620-2105

Published: 1985

Resource Type: Guide **Length (pgs):** Reachbook - 176 **Cost:** \$40.00
Parent Handbook - 272

Description:

The *Reachbook* is one of four parts of *Reach Out and Touch*. This two-volume set is designed to meet the training needs of parents of young visually and multiply disabled children. The *Reachbook* is a workbook for parents to record their child's growth and development and is designed to be used with the *Parent Handbook*. The purchase price includes the *Reachbook* and the *Parent Handbook*.

Appropriate For: Home Visitors, Parents

Title: Reaching Out: A Directory of Voluntary Organizations in Maternal and Child Health

Supplier: The National Center for Education in Maternal and Child Health
2000 Fifteenth Street, North
Suite 701
Arlington VA 22201-2617
(703) 524-7802

Published: 1993

Resource Type: Guide Length (pgs): 75 Cost: Free

Description:

The voluntary organizations listed in this directory provide a variety of services and activities including publishing educational materials, disseminating general information, making referrals, and furnishing support to assist the professional or individual in coping with a specific need.

Appropriate For: Parents, Coordinators

Title: **Seasons of Caring**

Author: Association for the Care of Children's Health

Supplier: ACCH
7910 Woodmont Avenue, #300
Bethesda MD 20814-3015
(301) 654-6549

Published: 1986

Resource Type: Curriculum, Videotape **Length (min):** 40 **Cost:** \$140.00

Description:

This documentary film identifies the strengths and needs of families caring for children with chronic illness or disabilities. It presents coping strategies, stressing the need for communication and collaboration between parents and professionals. Curriculum guides with sections designed for specific audiences are available to supplement the film.

Appropriate For: Home Visitors, Parents, Coordinators, Health Professionals

Title: **Sharing Sensitive Information with Parents**

Author: Albuquerque Integration Model (AIM) Outreach

Supplier: Alta Mira Specialized Family Services
3501 Campus Blvd., NE, PO Box 7040
Albuquerque NM 87194-7040
(505) 842-9948

Published: 1986

Resource Type: Videotape **Length (min):** 30 **Cost:** \$35.00 **Rent:** \$15.00

Description:

In this 30-minute videotape a university professor and occupational therapist discuss the points they consider important in sharing sensitive information with parents. They address many basic concerns including timing, follow-up, empowering parents, encouraging support systems and providing information in simple, clear language.

Appropriate For: Home Visitors, Coordinators

DISABILITIES

Title: **Special Education For the Early Childhood Years**

Author: Lerner, J., Mardell-Czudnowski, C. & Goldenberg, D.

Supplier: Prentice-Hall, Inc.
Order Processing Center
PO Box 11071
Des Moines IA 50336
(800) 374-1200

Published: 1987

Resource Type: Book **Length (pgs):** 309 **Cost:** \$49.00

Description:

This book is intended for teachers, related professionals, parents and family members of young children with disabilities. It is organized into two major parts. Part I discusses topics related to young children who have disabilities and their families. Part II discusses specific intervention strategies.

Appropriate For: Administrators, Home Visitors, Parents, Coordinators

Title: **Talk to Me and Talk to Me II**

Supplier: The Blind Children's Center
4120 Marathon Street, PO Box 29159
Los Angeles CA 90029
(213) 664-2153

Published: 1988

Resource Type: Pamphlet **Length (pgs):** 11 **Cost:** \$1.00 per copy

Description:

These two booklets are for parents of blind children. They discuss communication and explore methods to expand the child's awareness. These booklets are easily read and contain illustrations of ways parents can respond to a blind child's needs to learn, explore and ask questions. Available in Spanish.

Appropriate For: Home Visitors, Parents

Title: **Transition: Preschool to Public School
Helping Children, Parents and Teachers**

Author: Render, M., Kreibiel, B. & Sheldon, P.

Supplier: Albuquerque Integration Model - Outreach Dissemination Unit
PO Box 7040
Albuquerque NM 87194-7040
(505) 842-9948

Published: 1986

Resource Type: Guide **Length (pgs):** 91 **Cost:** \$5.00

Description:

This transition model addresses three major areas: preparation of the child, preparation of the family, and the roles of the sending and receiving agencies. The focus is transition to public school, especially for special needs education. It has a checklist of readiness skills for the child, and other helpful information.

Appropriate For: Home Visitors, Parents

Title: **Unlocking Doors: A Guide to Effective Communication**

Supplier: PACER Center, Inc.
4826 Chicago Avenue, South
Minneapolis MN 55417
(612) 827-2966

Published: 1988

Resource Type: Book **Length (pgs):** 60 **Cost:** \$2.50

Description:

Provides explanation of P.L.94-142. Offers "parents' bill of rights." Activities are included to develop assertive behavior for parents when dealing with service providers, specifically public schools. Examines human behavior and its connection to effective communication.

Appropriate For: Home Visitors, Parents, Coordinators

DISABILITIES

Title: Working With Families

Supplier: Chapel Hill Training - Outreach Project
800 Eastowne Drive, Suite 105
Chapel Hill NC 27514
(919) 490-5577

Published: 1988

Resource Type: Guide **Length (pgs):** 154 **Cost:** \$12.00

Description:

Topics included in this manual are: staff development, assessing the needs of parents, parent support strategies, parents and professional advocacy, plus additional resources. Also included in the revised manual is parent involvement in the IEP process (preschool) and IFSP process (infants and toddlers).

Appropriate For: Administrators, Coordinators

Health



This section of the directory contains a comprehensive list of books, films, videos and other resources related to health. Home visitors who provide a broad range of services will find materials on medical, dental, and mental health, as well as nutritional services, safety and first aid. Some of the entries focus on wellness, coping with stress, prevention of illness and early intervention. These materials will assist in planning for the preschool child's physical, emotional, cognitive and social development and enhance the relationship between families and the ongoing health care system.

A quick review of titles helps the reader to identify information on a particular issue and also become familiar with other material that may be useful when working with families on home visits. Some of the resources contain activities for teaching health and safety concepts to young children; many have bibliographies that will provide additional information for the home visitor or family member.

Title: Alice Doesn't Babysit Anymore

Author: McGovern, K.B.

Supplier: Alternatives to Sexual Abuse
PO Box 25537
Portland OR 97225
(503) 355-1212

Published: 1985

Resource Type: Book **Cost:** \$10.95

Description:

This story illustrates how children can be tricked into playing unhealthy games and encourages them to tell other people if they're being sexually abused. It emphasizes the awareness that parents need to have in selecting child care and in listening to what their children tell them about caregivers.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Annie Overcomes Isolation

Author: Wheat, P.

Supplier: NCPCA Fulfillment Center
200 State Road
South Deerfield MA 01373
(800) 835-2671

Published: 1987

Resource Type: Pamphlet **Length (pgs):** 16 **Cost:** \$1.00

Description:

This pamphlet gives tips and techniques for overcoming isolation, which has been determined to be one of the major known factors contributing to child abuse. An easy to read and understand format that can be used in parent training workshops or in other informal support groups.

Appropriate For: Home Visitors, Parents

HEALTH

Title: **Are You Listening to What Your Child May Not Be Saying?**

Supplier: National Easter Seal Society
70 E. Lake Street
Chicago IL 60601
(312) 726-6200
(312) 726-4258 - TDD

Resource Type: Pamphlet **Length (pgs):** 1 **Cost:** 3 for \$.35

Description:

This one page pamphlet describes early warning signs that may indicate existence of a problem in a child's growth and development. Available in Spanish and English.

Appropriate For: Parents, Home Visitors, Coordinators

Title: **Because You Need To Know**

Author: National Reye's Syndrome Foundation

Supplier: National Reye's Syndrome Foundation
426 North Lewis
Bryan OH 43506
(419) 636-2679
(800) 233-7393

Published: 1991

Resource Type: Brochure **Length (pgs):** 4 **Cost:** Free

Description:

This informative pamphlet defines Reye's Syndrome, emphasizes early diagnosis and describes the early stages of the disease. It encourages not giving anti-nausea or fever reducing medicine.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth

Supplier: Universal Health Associates
1701 K Street, NW
PO Box 65465
Washington DC 20035-5465
(202) 429-9506

Resource Type: Cassette **Length (min):** 10

Description:

This multicultural program of color photographs and sketches received the American Dental Association's Preventive Dentistry Award. Designed for expectant parents and parents of young children, it discusses the problems of nursing bottle-tooth decay and recommendations for its prevention. Available in Spanish, Vietnamese and Cambodian.

Appropriate For: Parents

Title: Building Self-Esteem in Children

Author: Berne, P.H. & Sarary, L.M.

Supplier: The Crossroad Publishing Company
370 Lexington Avenue
New York NY 10017
(212) 532-3650

Published: 1985

Resource Type: Book **Cost:** \$9.95

Description:

The basic premise of this book, that children need to feel valued and to experience success in order to develop self-esteem, is reiterated throughout the text. It includes suggestions and principles that are applicable for home use.

Appropriate For: Home Visitors, Parents

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HEALTH

Title: Dental Health Adviser

Author: Dental Health Adviser Information Center

Supplier: Whittle Communications
333 Main Street, ATTN: Janet Shomaker
Knoxville TN 37902
(615) 595-5107

Published: 1986

Resource Type: Book **Cost:** Free

Description:

These dental health education booklets include information and suggestions. Titles include: *Dental Basics*, *Cosmetic Dentistry*, *Gum Disease*, *Tooth Repair*, *Children's Dental Care*, and *Tooth Replacement*.

Appropriate For: Home Visitors, Parents, Children

Title: Food...Early Choices

Supplier: National Dairy Council
10255 West Higgins Road, Suite 900
Rosemont IL 60018
(800) 426-8271

Published: 1986

Resource Type: Curriculum **Cost:** Varies

Description:

This hands-on program provides experiences that encourage wise food choices by young children, their parents, and their teachers. A strong parent component extends nutrition education to the home. Kit contains many activity resources including posters, playing cards and puzzles, as well as 17 duplicating masters to be used as take-home materials. Available in Spanish.

Appropriate For: Home Visitors, Parents

Title: Food Is Special

Author: Mahnke, C.

Supplier: Panhandle Community Services/Head Start
3350 10th Street
Gering NE 69341
(308) 635-3089

Published: 1983

Resource Type: Guide **Length (pgs):** 78 **Cost:** \$6.95

Description:

The food experiences in this book are written to be used in the home with parent and child. While they have been planned for 3 to 5 year olds, they can also be modified for the younger child. Each experience contains 5 parts: a recipe, an activities section, a *For Children* section, a *For Parents* section, and activities for the week.

Appropriate For: Home Visitors, Parents

Title: Good Grief: Helping Groups of Children
When a Friend Dies

Author: Fox, S.

Supplier: Good Grief Program
Judge Baker Guidance Center
295 Longwood Avenue
Boston MA 02115
(617) 232-8390

Published: 1985

Resource Type: Book **Length (pgs):** 80 **Cost:** \$9.50

Description:

Contains developmentally appropriate recommendations and suggested steps to take when a child expresses or indicates signs of grief as a result of death, divorce or relocation of loved ones. The Judge Baker Guidance Center has a variety of other materials available to help children deal with stressful situations.

Appropriate For: Home Visitors, Parents

Title: **Growing Up Strong**

Author: Hammer, J.

Supplier: Center for Child and Family Development
University of Oklahoma, College of Continuing Education
555 Constitution Street, Suite 221
Norman OK 73037-0005
(405) 325-1446

Published: 1988

Resource Type: Curriculum **Cost:** \$25.00 **Supplement Kit:** \$20.00

Description:

Growing Up Strong is a mental wellness and life skills development program for preschool children that utilizes dolls and puppets. It provides curriculum activities, teacher information and resources, and stresses strong self-concept, responsibility, problem-solving, decision making, assertiveness, and self-control. Native American supplement and a Spanish (bilingual) supplement.

Appropriate For: Home Visitors, Trainers

Title: **Guide to Children's Dental Health, A**

Supplier: American Academy of Pediatrics
PO Box 927
Elk Grove Village IL 60009-0927
(708) 228-5005

Published: 1991

Resource Type: Pamphlet **Cost:** \$27.50/100 copies

Description:

This brochure presents practical advice on everything from teething to thumbsucking.

Appropriate For: Parents

Title:	Happy Teeth for Healthy Smiles		
Supplier:	Oral Health Consultant Bureau of Public Health 1414 E. Washington Avenue Madison WI 53703 (608) 266-5152		
Published:	1992		
Resource Type:	Pamphlet Length (pgs): 5 Cost: Free (Single copy)		
Description:	The pamphlet is a parent's guide to good dental health for infant and young children from birth through six years of age. The pamphlet addresses fluorides and dental sealants, teething and tooth eruption sequence, baby bottle tooth decay, proper nutrition and the necessity for early regular dental care.		
Appropriate For:	Home Visitors, Parents		
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Title:	Infections in Children: A Sourcebook for Educators and Child Care Providers		
Author:	Andersen, R.D., Balc, J.F., Blackman, J.A., & Murph, J.R.		
Supplier:	Aspen Publishers, Inc. 7201 McKinney Circle, PO Box 990 Frederick MD 21701 (800) 638-8437		
Published:	1986		
Resource Type:	Book Length (pgs): 221 Cost: \$34.00		
Description:	This book provides information about infectious agents, the conditions under which they cause disease, and measures which may be taken to prevent or resolve infection. Within the appendices are 17 single-page parent handouts on symptoms and treatment of infectious diseases. Information on proper hand washing techniques and proper diapering techniques is provided.		
Appropriate For:	Home Visitors, Parents, Coordinators		

HEALTH

Title: **It's My Body**

Author: Freeman, L.

Supplier: Parenting Press, Inc.
11065 5th Avenue, NE, Suite F
PO Box 75267
Scattle WA 98125
(800) 992-6657

Resource Type: Book **Length (pgs):** 32 **Cost:** \$3.95

Description:

In an effort to educate children in a non-threatening manner about potential abuse, different situations are provided to help them distinguish between appropriate and inappropriate touch and how to respond. Also available in Spanish. Accompanied by a book for parents and/or home visitors.

Appropriate For: Home Visitors, Parents, Children, Coordinators

Title: **Kicking Your Stress Habits**

Author: Tubesing, D.A.

Supplier: Whole Person Press
210 West Michigan
Duluth MN 55802-1908
(218) 727-0500

Published: 1986

Resource Type: Book **Length (pgs):** 185 **Cost:** \$14.95

Description:

This book provides insight into daily stresses, how you react to them and how to regulate the rate of change in your life. It is a lively "workshop in a book" that provides questions for you in each chapter, a place to record observations and insights as well as techniques to manage stress. Be sure your stress management "tool box" includes this classic resource.

Appropriate For: Home Visitors, Parents, Coordinators, Administrators, Trainers

Title: **Kids Worry Too**

Supplier: University of Nebraska Medical Center Child Life Office
600 South 42nd Street
Omaha NE 68198-2165
(402) 559-6775

Published: 1986

Resource Type: Pamphlet **Length (pgs):** 20 **Cost:** \$1.00 plus postage

Description:

This brochure was written to help parents to recognize and understand some of the reactions and concerns children may have when a family member is hospitalized. It also provides some suggestions on helping children understand and cope.

Appropriate For: Parents, Home Visitors

Title: **Leo the Late Bloomer**

Author: Krause, K.

Supplier: Prentice Hall/Books for Young Readers
Simon & Schuster, Inc.
1230 Avenue of the Americas
New York NY 10020
(800) 223-2348
(201) 592-2000

Published: 1987

Resource Type: Book **Length (pgs):** 30 **Cost:** \$5.95

Description:

This is an excellent children's book which deals with self-concept and the idea that we all grow and develop at different rates. It can be used with children as a spring board for discussing mental health issues including: feelings, self-concept, acceptance, failure and success.

Appropriate For: Children

Title: **Living and Teaching Nutrition**

Supplier: Head Start Resource and Training Center
University Blvd. at Adelphi Road
College Park MD 20742
(800) 888-8682

Published: 1983

Resource Type: Guide **Length (pgs):** 156 **Cost:** \$15.00

Description:

An inservice training guide featuring nine workshops. Chapters include: *Economical Nutrition, Fresh Fruits and Vegetables, Dental Health and Sugar, Planning Menus and Planning Snacks, Family-Style Eating, Cooking Experiences for Young Children, Nutrition Activities for Young Children, and What's New in Nutrition?*

Appropriate For: Parents, Coordinators, Trainers

Title: **Nutrition Brochures**

Supplier: USDA Program Aid No. 1385
Superintendent of Documents US GPO
Washington DC 20402
(202) 783-3238

Published: 1986

Resource Type: Pamphlet **Cost:** Free

Description:

This is a series of free brochures that are colorful and easy to read. A good teaching aid for nutrition programs. Titles include: *Enjoy Fruits, Enjoy Vegetables, Enjoy Legumes, Plan Ahead to Make Your Food Dollars Count, and Using Less Sugar.* Available in Spanish and English.

Appropriate For: Parents

Title: **Nutrition - Resource for Head Start Home Visitors, A**

Author: Malmgren, L., M.Ed., R.D.

Supplier: WHO, Inc./Head Start Program
227 So. 4th Street
Jeannette PA 15644
(412) 523-6890

Published: 1991

Resource Type: Guide **Length (pgs):** 164 **Cost:** \$25.00

Description:

This manual is designed to be used by the paraprofessional as a reference and resource for developing and implementing nutrition education plans for families. Individualized nutrition education plans can be developed from the computer printouts, using the information collected on the nutrition profile.

Appropriate For: Home Visitors, Coordinators

Title: **OTTO Series, The**

Author: Morcy, K.

Supplier: Kid Love Unlimited
2973 Harbor Blvd., Suite 508
Costa Mesa CA 92626
(714) 549-1421

Resource Type: Book **Length (pgs):** 32 **Cost:** \$3.95

Description:

The OTTO Series helps young children know and value what they feel, encourages positive attitudes and enhances self-esteem. The four books in the series are: *OTTO Shares a Hug and a Kiss*, *OTTO Shares a Giggle*, *OTTO Shares a Tear*, and *OTTO Shares a Fright*.

Appropriate For: Home Visitors, Parents, Children

Title: Parent's Guide to Childhood Immunization

Author: DHHS - Public Health Services - Centers for Disease Control

Supplier: Center for Prevention Services
Division of Immunization
1600 Clifton Road, NE
Atlanta GA 30333
(404) 639-3534

Published: 1988

Resource Type: Guide Length (pgs): 20 **Cost:** Free (single copy)

Description:
A good guide to immunization against all childhood diseases, this book discusses how immunizations work and why each is important to children. It covers possible side effects and adverse reactions and states immunization requirements for each immunization series.

Appropriate For: Parents

Title: Parent's Guide to Controlling Head Lice, A

Author: Public Affairs Office

Supplier: Burroughs Wellcome Company
3030 Cornwallis Road
Research Triangle Park NC 27709
(919) 248-3000

Resource Type: Pamphlet **Cost:** No Charge

Description:
This tri-fold leaflet discusses measures parents can take to reduce their children's chance of getting head lice. It also provides tips on how to detect and treat the condition if children become infested.

Appropriate For: Home Visitors, Parents

Title: Parent's Guide to Nutrition

Author: Boston Children's Hospital

Supplier: Addison-Wesley Publishing Co., Inc.
Order Department
Jacob Way
Reading MA 01867
(800) 447-2226

Published: 1987

Resource Type: Book **Length (pgs):** 372 **Cost:** \$9.57

Description:

This book contains comprehensive nutrition information for parents. Food facts and information on special subjects such as allergies, additives, fad diets, common illnesses, preventing cavities is offered. Some age-old myths are explored. A basic resource when considering the changing nutritional needs of children from the time of birth.

Appropriate For: Parents

Title: Prevent Baby Bottle Tooth Decay

Author: National Institute of Dental Research

Supplier: National Institute of Dental Research
PO Box 547-93
Washington DC 20032

Resource Type: Pamphlet **Length (pgs):** 3 **Cost:** Free

Description:

A very informative pamphlet covering proper bottle-feeding for children and the importance of protecting your child's teeth. A bookmark encouraging water only for bedtime bottles is included.

Appropriate For: Home Visitors, Parents

HEALTH

Title: Quiet Times: Relaxation Techniques for Early Childhood

Author: Scott, L.

Supplier: T.S. Denison and Co.
9601 Newton Avenue, South
Minneapolis MN 55431
(612) 888-1460

Resource Type: Book **Length (pgs):** 66 **Cost:** \$9.95

Description:

This book contains four sections: *Stories for Relaxation*, *Devices for Relaxation*, *Action Rhymes for Relaxation*, and *Action Poems*. The activities are appropriate for preschool children. The author provides specific instructions to aid in relaxation.

Appropriate For: Home Visitors, Parents

Title: Report of the Surgeon General's Workshop on Children
With HIV Infection and Their Families

Author: Silverman, B.K., Ph.D. & Waddell, A.

Supplier: U.S. Department of Health & Human Services
Public Health Service
Rockville MD 20857
(301) 443-2403

Published: 1987

Resource Type: Book **Length (pgs):** 102 **Cost:** Free

Description:

Report on three-day workshop held in 1987. Provides technical information regarding HIV infection and education to prevent infection. Presents guidelines for management of children with HIV infection, implications for service delivery, current developments and future prospects for AIDS vaccines.

Appropriate For: Coordinators, Administrators

Title: **Safe Nursery, The**
A Booklet to Help Avoid Injuries From
Nursery Furniture and Equipment

Author: U.S. Product Safety Commission

Supplier: U.S. Consumer Product Safety Commission
Public Affairs Office
5401 Westbard Avenue, Room 342
Bethesda MD 20207
(301) 504-0580

Published: 1985

Resource Type: Guide **Length (pgs):** 17 **Cost:** Free

Description:

This handy guide describes basic nursery furniture and safety features that should be considered before purchasing. Diagrams accompany specific safety tips. Recommended for parents and staff; a valuable resource for parent education activities.

Appropriate For: Parents

Title: **Safety Education Books, Series of**

Author: Chlad, D.

Supplier: National Safety Town Center
PO Box 39312
Cleveland OH 44139
(216) 831-7433

Resource Type: Book **Length (pgs):** 31 **Cost:** \$8.95
Paperback: \$3.95

Description:

Titles include: *Strangers* and *When There is a Fire Go Outside* (available in Spanish); *When I Ride in a Car*; *Poisons Make You Sick*; *When I Cross the Street*; *Matches, Lighters, and Firecrackers Are Not Toys*; and *Stop, Look and Listen for Trains*. Presentation is done with colorful pictures, and each book ends with clearly stated safety rules. All booklets are available in Spanish and English.

Appropriate For: Parents, Children

HEALTH

Title: **Teaching Interpersonal Expertise to Strength Systems (TIES) Materials**

Author: Karnes, M.B. & Johnson, L.

Supplier: Developmental Services Center
1304 W. Bradley
Champaign IL 61821
(217) 356-9176

Resource Type: Curriculum

Description:

The TIES project developed instructional materials to enhance the interpersonal relationships and affective skills of Head Start children, parents, and staff. The materials include coordinated parent/staff workshops as well as home and classroom activities for children. Interrelated mental health topics reflect the cultural diversity of Head Start.

Appropriate For: Home Visitors, Parents, Coordinators, Trainers

Title: **Tell Me, Papa**

Author: Johnson, J. & Johnson, M.

Supplier: Centering Corporation
1531 N. Saddle Creek Road
Omaha NE 68103
(402) 553-1200; Fax (402) 553-0507

Published: 1984

Resource Type: Book **Length (pgs):** 10 **Cost:** \$3.25

Description:

This book for children helps to answer many of a child's questions about death: Does it hurt when you die?; Where do people go when they die?; How long are you dead?; Do people have to die? The authors honestly answer questions without preaching or frills.

Appropriate For: Home Visitors, Parents, Children

Title: Vegetable Magic

Author: The Connecticut Nutrition Education and Training Program

Supplier: CNET - University of Connecticut
U-17, 3624 Horsebarn Road Ext.
Storrs CT 06269
(203) 486-4666

Published: 1981

Resource Type: Book **Length (pgs):** 40 **Cost:** \$7.95

Description:

An excellent resource to use in Head Start programs. This book shows five ways to explore vegetables with children: *Read-A-Story*, *Play-A-Game*, *Grow-A-Plant*, *Take-A-Trip*, and *Eat-A-Treat*. The activities featured are practical and can easily be integrated into the Head Start Curriculum.

Appropriate For: Home Visitors, Parents, Children

Title: Watch Me Grow

Supplier: National Easter Seal Society
70 E. Lake Street
Chicago IL 60601
(312) 726-6200
(312) 726-4258 - TDD

Resource Type: Pamphlet **Length (pgs):** 1 **Cost:** Free

Description:

This pamphlet provides parents with information on Easter Seal's program that monitors at-risk children from birth to 3 years old in order to identify developmental delays, make timely assessments, assure family utilization of early intervention services, involve parents in monitoring their child's development, and provide family support and education. Available in Spanish and English.

Appropriate For: Parents, Home Visitors, Coordinators

HEALTH

Title: **We Love You: Buckle Up! - Activities Packet**

Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Published: 1985

Resource Type: Activities Packet **Cost:** Free

Description:

We Love You: Buckle Up! is a mini-curriculum kit specifically designed to help children learn about safety belts and child safety seats. The Guide presents activity ideas for home visits and group socialization experiences. Included are discussion suggestions, project ideas, and songs that emphasize three primary safety topics.

Appropriate For: Home Visitors, Children

Title: **Well Aware: An Introduction to Healthy Living Series**

Author: Miller-Dwan Medical Center

Supplier: Whole Person Press
210 West Michigan
Duluth MN 55802-1908
(218)727-0500

Published: 1987

Resource Type: Video Length (min): 25 **Cost:** \$79.00 **Rent:** \$35.00

Description:

This series includes 6 videotapes with the following topics: *An Overview of Wellness, Exercise, Health Nutrition, Stress Management, Personal Environment, and Motivation for Change*. Each 25 minute video comes with personal-action guidebooks. It is a complete course to help you examine wellness in depth. Series is action-oriented, with quiet, direct motivation and encouragement.

Appropriate For: Home Visitors, Parents, Coordinators, Administrators, Trainers

Title: **What Will I Tell the Children?**

Author: Bell, V. & Esterling, L. S.

Supplier: University of Nebraska Medical Center Child Life Office
600 South 42nd Street
Omaha NE 68198-2165
(402) 559-6775

Published: 1986

Resource Type: Pamphlet **Length (pgs):** 14 **Cost:** \$1.00 plus postage

Description:

An excellent resource for parents and home visitors offering some general guidelines for dealing with children when discussing the death of a family member or friend. Section for helping preschoolers in understanding of death, explaining possible related behaviors and what you can say/do.

Appropriate For: Home Visitors, Parents, Coordinators

Title: **Where's Jess?**

Author: Johnson, J., Johnson, M., Goldstein, H., Goldstein, R., & Goldstein, J.

Supplier: Centering Corporation
1531 N. Saddle Creek Road
Omaha NE 68104-5064
(402) 553-1200

Published: 1982

Resource Type: Book **Length (pgs):** 22 **Cost:** \$3.25

Description:

A story with pictures and simple text helps to answer questions about the death of Jess. Appropriate for young children as well as older children, an honest approach to emotions and the unknown make this a valuable resource.

Appropriate For: Home Visitors, Parents, Children

HEALTH

Title: Willie Learns the Touching Rule

Supplier: Committee for Children
172 20th Avenue
Seattle WA 98122
(206) 322-5050
(800) 634-4449

Resource Type: Videotape **Length (min):** 9 **Cost:** \$70.00

Description:

Designed for children 3-6 years old, this video tells the story of how Willie learns about the touching safety rule. The video includes guide.

Appropriate For: Home Visitors, Parents, Children

Parent Involvement



Parent Involvement is a major part of the underlying philosophy and commitment of the Head Start program. The family is recognized as the primary influence in the physical, emotional, social, and intellectual growth of the child. The work of the trained home visitor as well as the regularly scheduled socialization activities support and enhance the ability of parents to act effectively as teachers of and advocates for their children, at home and in the community. These resources assist the home visitor in linking parents to community and program resources and enhance the ability of parents to foster their child's growth and development.

Current and appropriate information on gifted children, support groups, behavior management, and general parenting is found in this section. There are also numerous resources available for working with parents and involving them in parent education programs. Suggestions for books, tapes, activities, toys, and games, as well as several bibliographies are included. Many of the resources listed in other sections also help the home visitor in coordination of services across component areas such as health and social services, and reflect the goal of integrated comprehensive Head Start programs.

Title: **Black Families**

Author: McAdoo, H. & McAdoo, J.L.

Supplier: Sage Publications
2455 Teller Road
Newbury Park CA 91320
(805) 499-0721

Published: 1985

Resource Type: Book **Length (pgs):** 279 **Cost:** \$23.95

Description:

The authors present research on major issues, theories, and empirical findings unique to black families. The book consists of twenty articles which focus on the diversity of black families as well as their structural and functional differences in relation to their white counterparts. The impact that poverty and discrimination has had on black families is also discussed.

Appropriate For: Coordinators

Title: **Bringing Out The Best**

Author: Saunders, J. & Espeland, P.

Supplier: Free Spirit Publishing
400 1st Avenue, North
Minneapolis MN 55401
(800) 735-7323

Resource Type: Book **Length (pgs):** 156 **Cost:** \$12.95

Description:

Focuses on letting a child be a child while providing an environment rich in possibilities. Written for parents--but also recommended for preschool teachers. Topics include: *How to Tell Your Child is Gifted*, *Perils of Perfectionism*, *Ways to Build Self-Esteem*, and *Avoiding Parent Burnout*.

Appropriate For: Home Visitors, Parents

PARENT INVOLVEMENT

Title: Empowering Families: Home Visiting and Building Clusters

Supplier: Cornell University
Distribution Center - M
7 Research Park
Ithaca NY 14850
(607) 255-7660/2090

Resource Type: Printed Material **Length:** Series of nine 2-1/2 hour sessions
Cost: \$30.00

Description:

Designed to help home visitors and facilitators of parent groups identify, acknowledge, and reinforce families' strengths. Materials include a facilitator's manual, a handbook on communication for empowerment, a poster, activity cards, reproducible handouts, an audiotape, fact sheets, and a discussion guide.

Appropriate For: Home Visitors, Coordinators

Title: Enjoy Your Gifted Child

Author: Takacs, C.

Supplier: Syracuse University Press
1600 Jamesville Avenue
Syracuse NY 13244
(315) 443-5546
(800) 365-8929

Published: 1986

Resource Type: Book **Length (pgs):** 160 **Cost:** \$12.95

Description:

This book is written so people, especially parents, can relax and enjoy the gifted child's life and learning experiences. The challenges and rewards of this experience are highlighted in this book. Current research is presented in a manner accessible to everyone.

Appropriate For: Home Visitors, Parents

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Title: Family Enrichment Trainer's Manual, The

Author: Wilson, G.B. & McMurrain, T.

Supplier: Humanics
PO Box 7400
Atlanta GA 30357
(404) 874-2176

Published: 1989

Resource Type: Guide **Length (pgs):** 102 **Cost:** \$12.95

Description:

This workbook offers a series of training exercises for parents. It presents activities and exercises designed to allow parents to communicate and share their ideas and expertise. It consists of six sections that explore the family, communications, environments, relationships, effective discipline, and values.

Appropriate For: Administrators, Home Visitors, Coordinators

Title: First Feelings: Milestones in the Emotional Development of Your Baby and Child

Author: Greenspan, S.N.

Supplier: Viking Penguin, Inc.
375 Hudson Street
New York NY 10014
(212) 366-2000

Published: 1992

Resource Type: Book **Cost:** \$9.95

Description:

Discusses the milestones babies and children should achieve as they develop. For each stage of development, the authors help parents chart the baby's emotional growth, prevent and correct behavioral and emotional difficulties, and evaluate responses to their baby.

Appropriate For: Home Visitors, Parents

PARENT INVOLVEMENT

Title: Getting Involved Workshops for Parents

Author: Fredc, E.

Supplier: The High/Scope Press
A Division of High/Scope International Research Foundation
600 North River Street
Ypsilanti MI 48197
(313) 485-2000

Published: 1984

Resource Type: Guide **Cost:** \$15.00

Description:

A guide for leaders of parent workshops, based on the *Getting Involved* booklets, which suggests ways parents can support children's learning through everyday activities in the home environment. The book is designed to develop and/or strengthen parent/child leadership skills.

Appropriate For: Trainers, Home Visitors

Title: Growing Up Writing

Author: Lamme, L.L.

Supplier: Acropolis Books, Ltd.
13950 Park Center Road
Herndon VA 22071
(703) 709-0006
(800) 451-7771

Published: 1984

Resource Type: Guide **Cost:** \$8.95

Description:

This guide for parents demonstrates how writing can be introduced at home beginning with scribbling around age one. Includes suggestions for encouraging writing and defines the parent's role in facilitating progress as the ability to write develops. Many useful ideas for staff as well as parents.

Appropriate For: Home Visitors, Parents

Title: **Growth and Development Through Parenting, Second Edition**

Author: Elmer, E.

Supplier: National Committee for the Prevention of Child Abuse (NCPCA)
NCPCA Fulfillment Center
200 State Road
South Deerfield MA 01373
(800) 835-2671

Published: 1992

Resource Type: Booklet **Length (pgs):** 32 **Cost:** \$1.50

Description:

This booklet explains how parental behavior may reflect a person's own upbringing. Behavior that can be expected at each of the stages of childhood is explained, and effective techniques for living with the child at each stage are suggested. Included are: *Expressing Feelings* and *Helping Children Develop Inner Controls*.

Appropriate For: Home Visitors, Parents

Title: **Guidance of Young Children**

Author: Marion, M.

Supplier: MacMillan Publishing
Front and Brown Streets
Riverside NJ 08075
(800) 257-5755

Published: 1991

Resource Type: Book **Cost:** \$23.00

Description:

This paperback is based on the assumption that adults want to help children learn to control themselves, to like and value themselves, and to be humane, caring, competent, and helpful. Based on sound theory and research, it offers a great variety of practical suggestions.

Appropriate For: Trainers, Parents

PARENT INVOLVEMENT

Title: **How to Be a Better Parent**

Author: Holiner, H. & Shulman, A.H.

Supplier: Ballantine Books
201 East 50th Street
New York NY 10022
(212) 751-2600

Published: 1986

Resource Type: Book **Length (pgs):** 115 **Cost:** \$2.95

Description:

This book offers a child rearing concept per week and each suggests an activity for the upcoming week. The book is a guide for raising a child in an atmosphere of love and respect. Readings may be used or browsed as needed. Topics include: *Parenthood is Not a Power Struggle*, *My Worth is Not Determined by My Child's Behavior*, and more.

Appropriate For: Parents

Title: **How To Talk So Kids Will Listen and Listen So Kids Will Talk**

Author: Faber, A. & Mazlish, E.

Supplier: Avon Books
PO Box 767, Rt. 2
Dresden TN 38225
(800) 223-0690

Published: 1982

Resource Type: Book **Length (pgs):** 242 **Cost:** \$9.00

Description:

This book offers practical suggestions for involving children in real communication with parents. It also considers other parenting problems such as dealing with feelings, finding alternatives to punishment, and helping children achieve positive self-images. The techniques discussed in the book are also useful for all interpersonal communication, and are based on the work of Haim Ginott.

Appropriate For: Home Visitors, Parents, Coordinators

Title: **Loving Your Child is Not Enough:
Positive Discipline that Works**

Author: Samalin, N. & Jablow, M.M.

Supplier: Viking Penguin, Inc.
375 Hudson Street
New York NY 10014
(212) 366-2000

Published: 1988

Resource Type: Book **Cost:** \$9.00

Description:

Drawn from education, experience with children, and interactions with parents, this advice is reality based and tested. Chapter titles include: *Avoiding Daily Battles, Why Punishment Doesn't Work and What Does, Constructive Criticism Isn't, It's Never Too Late* and more. Nine pages of suggested references for further study are included.

Appropriate For: Home Visitors, Parents

Title: **Mother's Almanac, The Revised**

Author: Kelly, M. & Parsons, E.

Supplier: Doubleday and Company
666 5th Avenue
New York NY 10103
(212) 553-4561
(800) 765-6500

Published: 1992

Resource Type: Book **Length (pgs):** 288 **Cost:** \$16.00

Description:

Presented with a humorous down-to-earth dialogue, the authors describe the realities of mothering. From newborn to age six, developmental expectations are outlined. Games and activities are explained to help children make the most of their surroundings. The authors give the *how-to's* for nurturing values, creativity, and curiosity for each age.

Appropriate For: Home Visitors, Parents, Coordinators

PARENT INVOLVEMENT

Title: **Nurturing Program for Parents and Young Children
Birth to 5 Years Old**

Author: BavoIck, S. & Dellenger-BavoIck, J.

Supplier: Family Development Resources
219 Madison
Eau Claire WI 54703
(715) 833-0904

Resource Type: Curriculum **Cost:** \$35.00

Description:

A home-based program to teach parents appropriate parenting and nurturing skills. It includes 45 individual home-based sessions, an activities manual, and a family resource handbook. All sessions can easily be adapted for group meetings. Supplemental materials available include audiovisuals, games, books, and dolls at additional cost.

Appropriate For: Home Visitors, Parents, Coordinators

Title: **Parent and Child:
A Parenting Awareness Program for Home-Based Head Start**

Author: Pepper, J.V.

Supplier: J.V. Pepper
624 Devon Road
Camp Hill PA 17011
(717) 763-7445

Published: 1985

Resource Type: Book **Length (pgs):** 121 **Cost:** \$18.50

Description:

Designed to help parents develop a more effective, positive, and satisfying relationship with their children, this resource consists of eight two-hour group sessions for Head Start Home-Based Programs. The sessions are self-contained and include the following topics: child development, self-concept, family/parental influences, communication, behavior, and play.

Appropriate For: Home Visitors, Parents, Coordinators

Title: **Parents In A Pressure Cooker**

Author: Blucstein, J.E. & Collins, L.

Supplier: Kid Love Unlimited
2973 Harbor Blvd., #508
Costa Mesa CA 92626
(714) 549-1421

Resource Type: Book **Cost:** \$8.95

Description:

The book suggests specific strategies to assist parents in creating a home environment in which love, communication, cooperation, and responsible behavior can flourish and everyone's needs are considered. Helps parents encourage responsible, cooperative choosing from their children without resorting to powering, nagging, threats, or manipulation.

Appropriate For: Home Visitors, Parents

Title: **Parents, Please Don't Sit on Your Kids:
A Parent's Guide to Nonpunitive Discipline**

Author: Cherry, C.

Supplier: Fearon Teacher Aides
PO Box 280
Carthage IL 62321
(800) 242-7272

Published: 1985

Resource Type: Book **Length (pgs):** 187 **Cost:** \$11.95

Description:

Practical advice to help parents rethink what discipline is all about. Lists useful, alternative ways to cope with inappropriate behaviors. Many specific situations are cited with typical parental responses, followed by suggested alternative approaches which teach rather than demean the child.

Appropriate For: Home Visitors, Parents, Coordinators

PARENT INVOLVEMENT

Title: "Parent Talk" Audio Cassette Series
Available in Spanish or English
Series I Young Children
Series II School Age Children
Series III Teenagers

Author: Petersen, E.

Supplier: Evelyn Petersen
843 S. Long Lake Road
Traverse City MI 49684
(800) 748-0213; (616) 943-9257

Resource Type: Audio Cassettes **Cost:** \$10.00 per series or \$25.00 for all three (plus \$2.00 postage/handling)

Description:

Three one-hour audio cassettes in Q&A format based on the questions most often asked by parents of young children, school age children and teenagers. Twenty-eight to 33 segments each tape.

Appropriate For: Home Visitors, Parents

Title: "Parent Talk: The Art of Parenting Video Series"
Volume 1 - The Young Child
Volume 2 - School Age Child
Volume 3 - Teenagers

Author: Petersen, E.

Supplier: The Program Source
2494 Loch Creek Way
Bloomfield Hills MI 48304
(313) 333-2010

Resource Type: Video and Leader's Guide Series **Cost:** \$69.95

Description:

Three one-hour video tapes presenting 33 90-second segments answering the questions most often asked by parents of young children, school aged children and teenagers. Comprehensive, 60-page Leader's Guides provide guidance for use, and all segment scripts, discussion questions, child development information and suggested reading.

Appropriate For: Home Visitors, Parents

Title: Problem Solving Series, The: I Want to Play, I Want It, I Can't Wait, My Name is Not Dummy, I'm Lost, Mommy Don't Go

Author: Crary, E.

Supplier: Parenting Press
11065 5th Avenue, NE, Suite F
PO Box 75267
Seattle WA 98125
(800) 992-6657

Published: 1982

Resource Type: Book **Length (pgs):** 30 ea. **Cost:** \$4.95 ea.

Description:

This is a series of six books that encourages children to solve conflicts in a socially acceptable way by acquainting them with a variety of alternatives. Each book focuses on a different conflict, and illustrates possible outcomes of different behavior.

Appropriate For: Home Visitors, Parents, Children

Title: Siblings Without Rivalry

Author: Faber, A. & Mazlish, E.

Supplier: W.W. Norton & Co.
500 Fifth Avenue
New York NY 10110
(212) 354-5500

Published: 1987

Resource Type: Book **Length (pgs):** 219 **Cost:** \$14.95

Description:

Authors deal with one of the greatest sources of stress in families--ongoing bickering between the children. Drawing on their years of experience in teaching communication skills to parents, authors have developed simple, yet astonishingly effective ways to reduce antagonism between siblings.

Appropriate For: Parents

PARENT INVOLVEMENT

Title: Single Mother--A Support Group in Your Hands

Author: Andrea Engber

Supplier: National Organization of Single Mothers
PO Box 68
Midland VA 28107-0068
(704) 888-KIDS

Published: Bi-monthly (6 issues yearly)

Resource Type: Publication **Length (pgs):** 8-16 **Cost:** \$12.80
Basic yearly membership

Description:

This publication is filled with advice on parenting, child support and custody, employment, finance, and self-esteem. It is chocked full of resources for the single parent plus tips on how to start a support group.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Talks With Parents on Living With Preschoolers

Author: Katz, L.G.

Supplier: CBIS
7420 Fullerton Road, Suite 110
Springfield VA 22153-2852
(800) 443-ERIC

Published: 1983

Resource Type: Book **Length (pgs):** 118 **Cost:** \$16.00

Description:

A collection of the author's articles that originally appeared in *Parents Magazine* in the monthly column *As They Grow/3 and 4*. Covers a wide area of topics from parental guilt to developmental milestones and discipline. Also discusses TV and young children, young children and pets, and separation and preschool. Ask for Ed #230314.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Very Practical Guide to Discipline With Young Children, A

Author: Mitchell, G.

Supplier: Gryphon House
PO Box 275
Mount Rainier MD 20712
(301) 779-6200

Published: 1982

Resource Type: Book **Length (pgs):** 160 **Cost:** \$12.95

Description:

Dr. Mitchell's techniques are based on the philosophy of "I AM! I CAN!" This book is intended for parents and teachers of children up to age eight advising anticipation, hesitation, investigation, and communication as adults learn strategies for disciplining children. It provided for a plan of action which will ultimately lead to self-discipline.

Appropriate For: Home Visitors, Parents

Title: You're a Better Parent Than You Think! A Guide to Common Sense Parenting

Author: Guarendi, R.

Supplier: Simon and Schuster
200 Old Tappan Road
Old Tappan NJ 07675
(800) 223-2336

Published: 1985

Resource Type: Book **Length (pgs):** 241 **Cost:** \$9.95

Description:

This book was designed to help parents feel confident about their parenting. The author uses actual situations he has encountered to demonstrate practical suggestions for helping parents manage their children's behavior. He discusses in an empathetic and humorous way the stresses that parents face with their children from toddlers to teens. ISBN #0139818537.

Appropriate For: Home Visitors, Parents, Coordinators

Social Services



In keeping with the Head Start program goal of advocacy for families in the community, resources in this section of the directory address the special needs and issues that relate to families. Many of the materials listed discuss identifying difficulties, preventing and remedying problems such as abuse and neglect, and making referrals. They also provide information on alternative families, families in crisis, conflict resolution and cultural differences, with the ultimate goal of helping families to help themselves.

Since home visitors are often the first to become aware of family problems or of inadequate support systems during times of crisis, this list of resources provides information on basic intervention strategies, family dynamics, and other related issues. It helps answer questions about when to intervene in a situation and when to refer to an agency or more qualified individuals.

Because there is as much diversity in families and their problems as there is in finding solutions or supports, this list is a place to begin designing your own programs and the home visitor is encouraged to expand in whatever direction seems appropriate. Agencies, journals, newsletters as well as the toll-free numbers listed in the back of the directory provide further resources.

Title: **Beyond the Stereotypes:
A Guide to Resources for Black Girls and Women**

Supplier: National Black Child Development Institute
1023 15th Street, NW, Suite 600
Washington DC 20005
(202) 387-1281

Published: 1985

Resource Type: Guide **Length (pgs):** 76 **Cost:** \$8.50

Description:

This resource provides criteria for selecting resources for black girls. Annotated listings of age-appropriate books, records and cassettes, and films and videotapes begin with age three. Source addresses are included.

Appropriate For: Administrators, Home Visitors, Parents, Coordinators

Title: **Black Children, Their Roots, Culture and Learning Styles**

Author: Hale-Benson, J.E.

Supplier: The Johns Hopkins University Press
701 West 40th Street, Suite 275
Baltimore MD 21211
(410) 516-6930

Published: 1986

Resource Type: Book **Length (pgs):** 215 **Cost:** \$11.95

Description:

Stating that black children across social classes are at risk in the traditional education process, this author shares her search for reasons. In the final chapter she suggests changes in existing educational policy that affect black children and describes an early education model that accommodates the book's thesis.

Appropriate For: Home Visitors, Parents, Coordinators

SOCIAL SERVICES

Title: **Changing the Abusive Parent**

Author: Goldstein, A.P., Keller, H. & Erne, D.

Supplier: Research Press
Box 3177
Champaign IL 61821
(217) 352-3273

Published: 1985

Resource Type: Book **Length (pgs):** 180 **Cost:** \$13.95

Description:

The first two chapters of this book describe the problem of child abuse and current intervention approaches. The remaining chapters focus on planning, organizing, and conducting skills-training to prevent abuse for groups. The recommended curriculum contains 37 specific skills and offers advice on problems that may occur in training sessions.

Appropriate For: Trainers, Coordinators

Title: **Child Sexual Abuse: What It Is and How To Prevent It**

Supplier: American Academy of Pediatrics
Department of Publications
141 Northwest Point Blvd., PO Box 927
Elk Grove Village IL 60009-0927
(708) 228-5005

Published: 1990

Resource Type: Pamphlet **Cost:** \$27.50/100 copies

Description:

This brochure discusses the scope of the problem, explains how to detect sexual abuse, and provides parents with measures to protect their children.

Appropriate For: Home Visitors, Parents

Title: **Developing Positive Self-Images and Discipline
In Black Children**

Author: Kunjufu, J.

Supplier: African American Image
9204 Commercial, Suite 308
Chicago IL 60617
(312) 375-9682

Published: 1984

Resource Type: Book **Length (pgs):** 104 **Cost:** \$7.95

Description:

The chapters of this book include: *The Politics of Educating Black Children; Developing Positive Self-Images and Self-Esteem in Black Children; A Relevant Curriculum; Self-Discipline; Parenting: Children are the Reward of Life; and From Theory to Practice: Strategies for Success.*

Appropriate For: Trainers, Home Visitors, Coordinators

Title: **Families First: A Program and Staff Development System**

Author: Bowsen, M., Kater, W. & Klein, D.L.

Supplier: Individual and Family Development Services
60A W. Church Street
Denver PA 17517
(215) 267-0102

Resource Type: Guide **Cost:** \$80.00

Description:

Families First is a comprehensive staff development system, designed to increase individual competencies necessary for working in family-centered programs. It builds program support and trains staff to join with families to enhance their strengths in providing effective services within the family.

Appropriate For: Administrators, Home Visitors, Coordinators

SOCIAL SERVICES

Title: Prevention in Family Services

Author: Mace, D.R.

Supplier: Sage Publications
2455 Teller Road
Newbury Park CA 91320
(805) 499-0721

Published: 1983

Resource Type: Book **Length (pgs):** 265 **Cost:** \$19.95

Description:

This book is based on the idea that there is a need to shift emphasis from remedial services to prevention services for families. The authors have compiled information concerning various aspects of family life, marriage enrichment, parenthood and whole family enrichment, effective communicating, and dealing with conflict creatively.

Appropriate For: Home Visitors, Parents

Title: Stress and the Single Parent

Author: Nuta, V.R.

Supplier: NCPCA Fulfillment Center
200 State Road
South Deerfield MA 01373-0200
(800) 835-2671

Published: 1987

Resource Type: Pamphlet **Cost:** \$.35

Description:

Money worries, day-to-day difficulties, and feelings of isolation create additional stress in the single parent which sometimes results in child abuse. Acknowledging their special needs and challenges, helpful suggestions are given on how to manage these demands successfully.

Appropriate For: Home Visitors, Parents

Title: Stress Management Training:
A Means for Reducing the Incidence of Child Abuse

Author: City of Seattle Head Start Program

Supplier: City of Seattle Head Start Program
105 Union Street, Suite 160
Seattle WA 98101
(206) 386-1048

Published: 1986

Resource Type: Curriculum **Cost:** FREE

Description:

This training series for low income, single parents consists of seven two-hour weekly sessions which address parenting skills, self-image building, and coping with anger. The four program components are (1) *Group Structure and Format*, (2) *Quality of the Trainers*, (3) *Provision of Supplemental Services*, and (4) *Curriculum Content*.

Appropriate For: Trainers, Home Visitors

Title: Working with Children from Violent Homes

Author: Davis, D.

Supplier: ETR Associates
PO Box 1830
Santa Cruz CA 95061
(408) 438-4060

Published: 1986

Resource Type: Book **Length (pgs):** 37 **Cost:** \$7.95

Description:

This is a sourcebook for adults working with children who have experienced violence in their home lives. The author shares techniques and activities she has found useful and includes descriptions of the problem, suggestions for approaching parents, thoughts on working with other agencies, and additional readings.

Appropriate For: Administrators, Home Visitors, Coordinators



Appendices

APPENDICES

- A. Agencies/Organizations**
- B. Newsletters/Journals**
- C. Toll Free Numbers**
- D. Training and Technical Assistance Professionals, Programs and Agencies**

See

Appendix A. Agencies/Organizations

American Speech-Language-Hearing Association

10801 Rockville Pike
Rockville MD 20852
(301) 897-5700

In addition to providing certification for speech and language pathologists, this association provides general information to the public and a referral listing of local resources.

Association for the Care of Children's Health (ACCH)

7910 Woodmont Avenue, #300
Bethesda MD 20814
(301) 654-6549

ACCH is a multidisciplinary international organization that promotes the health and well-being of children and families in health care settings through education, interaction and research. Membership benefits include journals and newsletters.

Blind Children's Center

4120 Marathon Street
Los Angeles CA 90029
(800) 222-3566

The Blind Children's Center, a nonprofit organization, offers a program of diversified services which meets the special needs of blind, visually impaired or multi-handicapped children, birth through five years of age, their parents and siblings. Services include an infant stimulation program; parent participation groups; educational preschool; family support services; research program and an interdisciplinary assessment program.

Children's Small Press Collection, The

719 North Fourth Avenue
Ann Arbor MI 48104
(313) 668-8056

The Children's Small Press publishes a catalog representing 100 small publishers. It is a good resource for children's books concerning non-traditional families, plus multicultural materials. Also includes teacher resources and activity books.

APPENDIX: A. Agencies/Organizations

Committee for Children

172 20th Avenue
Seattle WA 98122
(206) 322-5050
(800) 634-4449

The Committee for Children's focus is prevention of child sexual exploitation through a program of curriculum development, professional training, community education and original research. Regularly scheduled training events augment print and audiovisual materials.

Consumer Product Safety Commission

Washington DC 20207
(800) 638-2772

The CPSC develops safety standards for consumer products, promotes research, and investigates product-related deaths, injuries and illnesses. They produce product safety materials including many items appropriate for Head Start use.

Council on Interracial Books for Children, Inc.

PO Box 1263
New York NY 10023
(212) 757-5339

Offers filmstrips, books, pamphlets, and lesson plans on bias-free materials. Offers *Bulletin*, which reviews children's books, texts and other materials (\$20.00 individual; \$28.00 institution for 8 issues yearly).

Epilepsy Foundation of America

4351 Garden City Drive
Landover MD 20785
(301) 459-3700

Children and Epilepsy: The Teacher's Role, Recognizing the Signs of Childhood Seizure, and When Seizures Don't Look Like Seizures, are among the brochures or booklets (some available in Spanish) from the Epilepsy Foundation of America. Single copies are free.

Kid • Love • Unlimited

2973 Harbor Blvd., #508
Costa Mesa CA 92626
(714) 549-1421

KLU is a mail order business selling materials that can be used to advance awareness and appreciation of learning differences.

Let's Play to Grow

PO Box 5455
Friendship Station
Washington DC 20016
(202) 364-0383

A play and recreation program designed for children with disabilities and their families. Supporting materials include: parent-oriented play guides, teacher's manuals, club leader manuals and bimonthly newsletters for leaders and parents. A play and activity guide for families with a handicapped preschool child is available. Many materials are translated into Spanish. Video film depicting the *Let's Play to Grow* program is available on loan.

Mothers United for Moral Support, Inc. (MUMS)

150 Custer Court
Green Bay WI 54301
(414) 336-5333

Volunteers maintain international computerized listing of parents with children who have a rare or little-known disability/syndrome. Provides information and networking for support groups or individuals.

National Center on Child Abuse and Neglect Clearinghouse

PO Box 1182
Washington DC 20013-1182
(703) 385-7565
(800) 394-3366 (outside DC metro area)

The Clearinghouse on Child Abuse and Neglect functions as an information component of NCCAN. A database of documents, audiovisual materials, service programs, excerpts of State statutes, and ongoing child abuse and neglect research projects are maintained by the Clearinghouse.

National Clearinghouse for Bilingual Education, The
1118 22nd Street, NW
Washington DC 20037
(800) 321-6223

This Clearinghouse is the national information center on the education of minority language students. Its primary purpose is to provide information services to educators working with limited English-proficient students.

National Committee for Prevention of Child Abuse (NCPA)
PO Box 2866
Chicago IL 60690
(312) 663-3520

This volunteer-based organization works with community, state, and national groups to disseminate knowledge about child abuse prevention. NCPA publishes a variety of materials on child abuse, child abuse prevention, and parenting. For a free publications catalog or to place an order, contact NCPA Fulfillment Center, 220 State Road, South Deerfield, MA 01373, or call (800) 835-2671.

National Health Information Clearinghouse
PO Box 1133
Washington DC 20013-1133
(800) 336-4797; (301) 565-4167

The NHIC is a central source of information and referral for health questions. It serves consumers and health professionals and produces directories, resource guides, and other publications on a variety of subjects. It also distributes publications from the Office of Disease Prevention and Health Promotion, U.S. Public Health Service.

National Information Center for Children and Youth with Disabilities (NICCYD)
PO Box 1492
Washington DC 20013-1492
(800) 999-5599
(703) 893-6061

NICCYD is a free information service that helps parents, educators, caregivers, advocates, and others to improve the lives of children and youth with disabilities. Staff answer questions and develop and share new information through fact sheets and newsletters. Text telephone (703) 893-8614.

National Information System and Clearinghouse

Center for Developmental Disabilities
University of South Carolina
Benson Building, 1st Floor
Columbia SC 29208
(800) 922-9234

The Clearinghouse provides information to parents and professionals on infants and toddlers with disabilities and/or life-threatening conditions. The Vietnam Veteran project provides information to Vietnam veterans and their families who have children with disabilities.

National Maternal and Child Health Clearinghouse

38th and R Streets, NW
Washington DC 20007
(202) 625-8410

The Clearinghouse provides current information and publications on maternal and child health topics. Information packets are available on child health, nutrition, prenatal care, children with special health care needs and others. Some publications are available in Spanish.

National Organization of Single Mothers (NOSM)

PO Box 68
Midland NC 28107-0068
(704) 888-KIDS

The National Organization of Single Mothers is committed to helping single parents meet the challenges of daily life with wisdom, courage, and a sense of humor. NOSM seeks to promote the empowerment of these parents and their families and to unite them with other such families in a network of mutual support and action through its bi-monthly publication, *Single Mother*, and by establishing nationwide self-help and support groups. \$12.80 basic yearly membership.

National Resource Center for Family Support Programs (NRC/FSP)

Family Resource Coalition
200 S. Michigan Avenue, Suite 1520
Chicago IL 60604
(312) 341-0900

The National Resource Center for Family Support Programs (NRC/FSP) was established to assure the availability of current knowledge in the field of family support on the design, development, and implementation of family support programs. The Center identifies and develops materials for policymakers and practitioners (such as program descriptions, bibliographies, program development manuals, training curricula and monographs); and provides technical assistance, training, and consulting in family support program design and operations.

National Safety Council

Customer Service Department
1121 Spring Lake Drive
Itasca IL 60143-3201
(708) 285-2075

The National Safety Council offers a number of products to assist adults in teaching good safety habits to children. It also hosts the largest safety convention in the USA each fall, offering a very wide variety of safety and health sessions covering not only children's issues but occupational and traffic-related issues as well.

Nutri-Topics

Food and Nutrition Information Center, NAL
Room 304, 10301 Baltimore Blvd.
Beltsville MD 20705
(301) 344-3719

Nutri-Topics offers bibliographies to assist in the search for information or resources on topics related to food and nutrition. Resources include print and audiovisual materials as well as contacts for assistance.

Olive Press, The

Multicultural Resources For Teaching Young Children
5727 Dunmore
W. Bloomfield MI 48322
(313) 855-6063

The Olive Press publishes a catalog of resources which include multicultural topics and early childhood books and teaching resources that emphasize cultural awareness.

Parent Advocacy Coalition for Educational Rights, Inc. (PACER)

4826 Chicago Avenue, South
Minneapolis MN 55417
(612) 827-2966

PACER center is concerned with the education of children with physical, mental, emotional, and learning disabilities, and other health impairments. It provides two major programs: Parents Helping Parents, a parent training project; and Count Me In, a disabilities awareness project.

U.S. Government Printing Office

Superintendent of Documents
Washington DC 20402
(202) 783-3238

The U.S. Government Printing Office has books, pamphlets, posters, periodicals, subscription services and other government publications available for purchase. A free copy of the *Subject Bibliography Index* will be sent on request.

**Appendix B.
Newsletters/Journals**

Title: **Bi-monthly Report of Center Activities**

Supplier: National Safety Town Center
PO Box 39312
Cleveland OH 44139
(216) 831-7433

Description:

This bi-monthly newsletter features general safety information and tips on child development.

Title: **Black Child Advocate, The**

Supplier: National Black Child Development Institute
1023 15th Street, NW, Suite 600
Washington DC 20005
(202) 387-1281

Description:

This newsletter shares with its readers the activities, programs, and services available to black children and their families on both national and regional levels. Published quarterly. \$12.50/year.

Title: **Building Blocks: Family Edition or Child Care Edition**

Supplier: Building Blocks
38 W. 567 Brindlewood
Elgin IL 60123
(708) 742-1013

Description:

A newspaper for parents and home visitors containing practical ideas of activities parents can do with their children. Each issue has a pull-out game for parents to play with their child. Published 10 times a year. \$20.00/year.

APPENDIX: B. Newsletters/Journals

Title: **Child Health Talk**

Supplier: National Black Child Development Institute
1023 15th Street, NW, Suite 600
Washington DC 20005
(202) 387-1281

Description:

This quarterly publication is directed to black parents but includes general health information for all. Published quarterly. \$8.00/year.

Title: **Children Today: An Interdisciplinary Journal for the Professional Serving Children**

Supplier: U.S. Children's Bureau
Administration for Children and Families
Washington DC 20201
(202) 245-8707

Description:

Publishes discussion-type articles concerned with current events, programs and research related to children from infancy through high school years. For teachers, social workers, psychologists--anyone who works with or is interested in children. \$16.00/year.

Title: **Exceptional Children**

Supplier: The Council for Exceptional Children
1920 Association Drive
Reston VA 22091
(703) 620-3660

Description:

Exceptional Children is the official journal of the Council for Exceptional Children. It keeps readers informed of the latest trends in the education of exceptional children and youth, both handicapped and gifted. Published 6 times per year. \$45.00/year.

Title: **Exceptional Parent, The**

Supplier: Psy-Ed Corporation
1170 Commonwealth Avenue
Boston MA 02134-9942
(617) 536-8961

Description:

The Exceptional Parent, published eight times a year, features articles specifically directed at parents of children with disabilities, but is also helpful to other parents and individuals working with families. The articles focus on parenting skills and resources. \$18.00/year.

Title: **Family Relations**

Supplier: The National Council on Family Relations
3989 Central Avenue, NE, Suite 550
Minneapolis MN 55421
(612) 781-9331

Description:

A journal concerned with issues relating to contemporary family life, family problems and research, including philosophy and methods. Published quarterly. \$30.00/year.

Title: **Gifted Child Today, The**

Supplier: The Gifted Child Today
PO Box 6448
Mobile AL 36660
(205) 478-4700

Description:

Presents practical suggestions and ideas for the education and rearing of gifted children and youth. A good resource for parents and teachers. \$30.00/year.

APPENDIX: B. Newsletters/Journals

Title: **Hispanic Families**

Supplier: Family Resource Coalition
200 South Michigan, Suite 1520
Chicago IL 60604
(312) 341-0900

Description:

This report focuses on demographics, public policy, law, bilingualism, health, education, service delivery, and programs related to Hispanic families. The cost for the report is \$2.50.

Title: **Mental Retardation**

Supplier: American Association on Mental Retardation
1719 Kalorama Road, NW
Washington DC 20009-2683
(800) 424-3688

Description:

Mental Retardation is the weekly publication of the Association. Each issue presents new teaching approaches, administrative tools, critiques, case studies and research for therapists, administrators, and advocates. \$35.00/year.

Title: **News Digest**

Supplier: National Information Center for Children and Youth
with Disabilities (NICCYD)
PO Box 1492
Washington DC 20013-1492
(703) 893-6061; (800) 999-5599

Description:

This free newsletter is published three times a year. Each issue consists of feature articles pertaining to one topic of interest to persons with disabilities, their families and professionals, as well as sources of further information on the topic. Text telephone (703) 893-8614.

Title: **Nutrition Action Healthletter**

Supplier: Center for Science in the Public Interest
1875 Connecticut Avenue, Suite 300
Washington DC 20009-5728
(202) 332-9110

Description:

Facts obtained from the latest nutrition research are featured in this newsletter. Menu plans, product comparisons, recipes, and information needed to make wise food choices are addressed. \$20.00/year (10 issues).

Title: **Pre-K Today**

Supplier: Scholastic, Inc.
730 Broadway
New York NY 10003
(212) 505-4964
(800) 544-2917

Description:

Exciting, practical hands-on activities and ideas for centers and homes. \$19.95/year.

Title: **Preschooler, The: A Home Guide for Parents to Help Their Preschool Children Learn and Grow**

Supplier: Preschool Activities
PO Box 24464
Johnson City TN 37614
(615) 929-4415

Description:

The Preschooler is a weekly guide designed to be used by parents, home visitors, teachers, and aides. It is published for 36 consecutive weeks beginning in September of each year. \$.70 per copy.

APPENDIX: B. Newsletters/Journals

Title: **Sesame Street Magazine**

Supplier: Children's Television Workshop
1 Lincoln Plaza
New York NY 10023
(212) 595-3456

Description:

This children's magazine provides a wide variety of activities which are developmentally appropriate for preschoolers. It includes suggestions to adults to help children get the most out of each issue. \$10.95/year.

Title: **Sibling Information Network Newsletter**

Supplier: Sibling Information Network
A.J. Pappanikou Center
991 Main Street
East Hartford CT 06108
(203) 282-7050

Description:

Research and literature reviews as well as meetings, family relationships, and information of interest for siblings are the focus of this periodical. Published quarterly. \$7.00/year (individual); \$15.00/year (organizations).

Title: **Single Parent, The**

Supplier: Parents Without Partners, Inc.
8807 Colesville Road
Silver Spring MD 20910
(301) 588-9354; Fax (301) 588-9216

Description:

This magazine covers a wide spectrum of topics of interest to single parents, such as coping with the effects of family changes due to separation and divorce, and solving child care dilemmas. The magazine reviews books of interest to single parents. \$15.00/year.

Title: **Totline Newsletter**

Supplier: Totline Press
PO Box 2255
Everett WA 98203
(206) 353-5203

Description:

Features activities for art, music, creative movement, coordination, language, science and self-awareness, plus learning games, party ideas, sugarless snacks, original stories, feature articles and a special infant-toddler page. \$24.00/year - 6 issues.

Title: **Young Children**

Supplier: National Association for the Education of Young Children
1059 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Description:

Bi-monthly journal containing current information related to the study, interpretation, and improvement of the education and care of young children. For teachers and parents of children from birth through age 8. \$30.00/year.

Title: **Your Big Backyard**

Supplier: National Wildlife Federation
8925 Leesburg Pike
Vienna VA 22180
(703) 790-4000

Description:

Color photographs highlight the natural world in this monthly publication intended for children ages 3 to 5. Ideas and learning tips are given for using each issue in creative and meaningful ways. \$12.00/year.

APPENDIX: B. Newsletters/Journals

Title: **Zero to Three**

Supplier: Zero to Three/National Center for Clinical Infant Programs
2000 14th Street, North, Suite 380
Arlington VA 22201-2500
(703) 528-4300

Description:

Zero to Three is the bulletin for the National Center for Clinical Infant Programs. The publication is written for professionals working with infants, toddlers, and their families. Published 6 times per year. \$29.00/year.

**Appendix C.
Toll Free Numbers**

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APPENDIX: C. Toll Free Numbers

American Academy of Pediatrics	800-433-9016
American Cancer Society	800-ACS-2345
American Diabetes	800-ADA-DISC
American Speech and Language Hearing Association - Hearing and Speech Hotline	800-638-8255
AIDS Hotline	800-342-AIDS
AMC Cancer Information Center	800-525-3777
American Council of the Blind	800-424-8666
American Kidney Fund	800-638-8299
Boy Scouts of America	800-323-0732
Cancer Information Service National Line	800-4-CANCER
Captioned Films for the Deaf	800-237-6213
Child Development Associate	800-424-4310
Child Find/Missing Children Hotline	800-426-5678
Children's Defense Fund	800-CDF-1200
Cleft Palate Foundation	800-242-5338
Epilepsy Foundation of America	800-332-1000
ERIC Clearinghouse on Adult Career and Vocational Education	800-848-4815
Hearing Aid Helpline	800-521-5247
IBM Special Needs Information Referral Center	800-426-2133
International Shriners Headquarters Shriners Hospitals for Crippled Children	800-237-5055
Juvenile Diabetes Foundation International	800-533-2873
Migrant Education Program Development Center	800-338-4118

APPENDIX: C. Toll Free Numbers

NAACP Legal Defense and Educational Fund, Inc.	800-221-7822
National Association for the Education of Young Children (NAEYC)	800-424-2460
National Center for Stuttering	800-221-2483
National Child Abuse Hotline - Referral Service	800-4A-CHILD
National Committee for Prevention of Child Abuse	800-835-2671
National Downs Syndrome Society	800-221-4602
National Easter Seal Society	800-221-6827
National Father's Rights Organization	800-221-2372
National Health Information Center	800-336-4797
National Information Center for Children and Youth with Disabilities	800-999-5599
National Migrant Resource Program, Inc.	800-531-5120
National Multiple Sclerosis Society	800-227-3166
National Neurofibromatosis Foundation	800-323-7938
National Rehabilitation Information Center	800-34-NARIC
National Resource Center on Child Sexual Abuse	800-543-7006
National Reyes Syndrome Foundation	800-233-7393
National Runaway Switchboard	800-621-4000
National Safety Council	800-432-5251
National Special Needs Center	800-233-1222
National Spinal Cord Injury Hotline	800-526-3456
Parents Anonymous Hotline Office	800-421-0353
Poison Control Center	800-962-1253

APPENDIX: C. Toll Free Numbers

Runaway Hotline	800-231-6946
SIDS Alliance (Sudden Infant Death Syndrome)	800-638-7437
Tripod-Service for Hearing Impaired	800-352-8888
United Cerebral Palsy Association	800-USA-LUCP
U.S. Consumer Product Safety Commission	800-638-2772

Appendix D. Training and Technical Assistance Resources

Introduction

The following section lists Training and Technical Assistance Resources available to Head Start grantees and staff in the home-based program option. These resources include:

- Local Head Start Grantees willing to assist other programs with their training needs;
- Head Start Teaching Centers;
- Family Support Programs; and
- Other Training Consultants.

For up-to-date information on the Training and Technical Assistance Network, please contact the National Head Start Bureau or your Regional Office.

The listings in each resource section are subdivided by regions, and each resource listing includes the name(s) of training consultants.

APPENDIX: D. Training and Technical Assistance Resources

LOCAL HEAD START HOME-BASED GRANTEES

Region I

Champlain Valley Office of Economic Opportunity
191 North Street
PO Box 1603
Burlington, VT 05402
(802) 933-4341

Contact: Leisa Pollander

Hampshire Community Action Commission
56 Vernon Street
PO Box 7
Northampton, MA 01060
(413) 586-1399

Contact: Carol Bond

SMOC Head Start
31 Flagg Drive
Framingham, MA 01701
(508) 820-4631

Contact: Joanne Dcoliveira

Tri-County Head
610 Sullivan Street
Berlin, NH 03570
(603) 823-8131

Contact: Miriam Russell

APPENDIX: D. Training and Technical Assistance Resources

Region II

ASPIRA of Puerto Rico, Inc.
PO Box 29132
65th Infantry Station
Rio Piedras, PR 00929
(809) 768-1696

Contact: Vitalia Velaquez

Cattaragus County Community Action, Inc.
101 South 19th Street
Olean, NY 14760
(716) 373-2447

Contact: Anne Kennedy

Cayuga County Action Program, Inc.
87 North Street
Auburn, NY 13021
(315) 255-1703

Contact: Kim Barrette

Chenango County Head Start
44 West Main Street
PO Box 470
Norwich, NY 13815
(607) 336-4515

Contact: Kaye Taylor

Columbia Opportunities, Inc.
802 Columbia Street
Hudson, NY 12534
(518) 828-4611

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